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NIHR | National Institute
for Health Research

Cryptococcal meningitis

TREATMENT AND DIAGNOSIS

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Nametso Tlhako
Katlego Tsholo
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Outline

Epidemiology

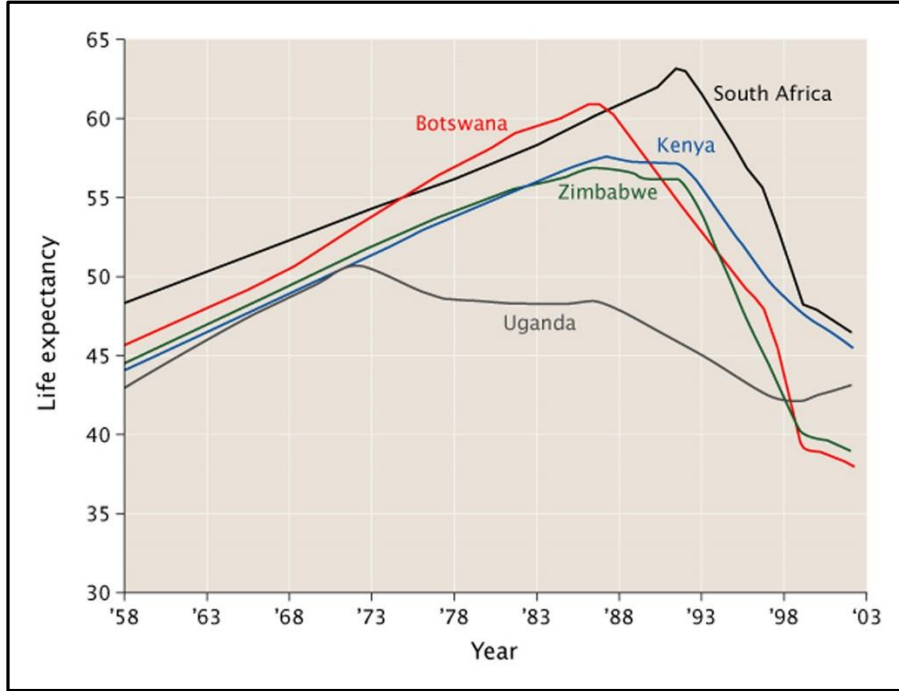
Treatment

- current treatment outcomes
- findings from recent trials
- new short-course treatments
- potential adjunctive therapies
- novel drugs

Diagnostics

Challenges and opportunities





President Festus Mogae of Botswana

*UN Assembly
Conference 2000*

“We are threatened with extinction,
People are dying in chillingly high
numbers.”

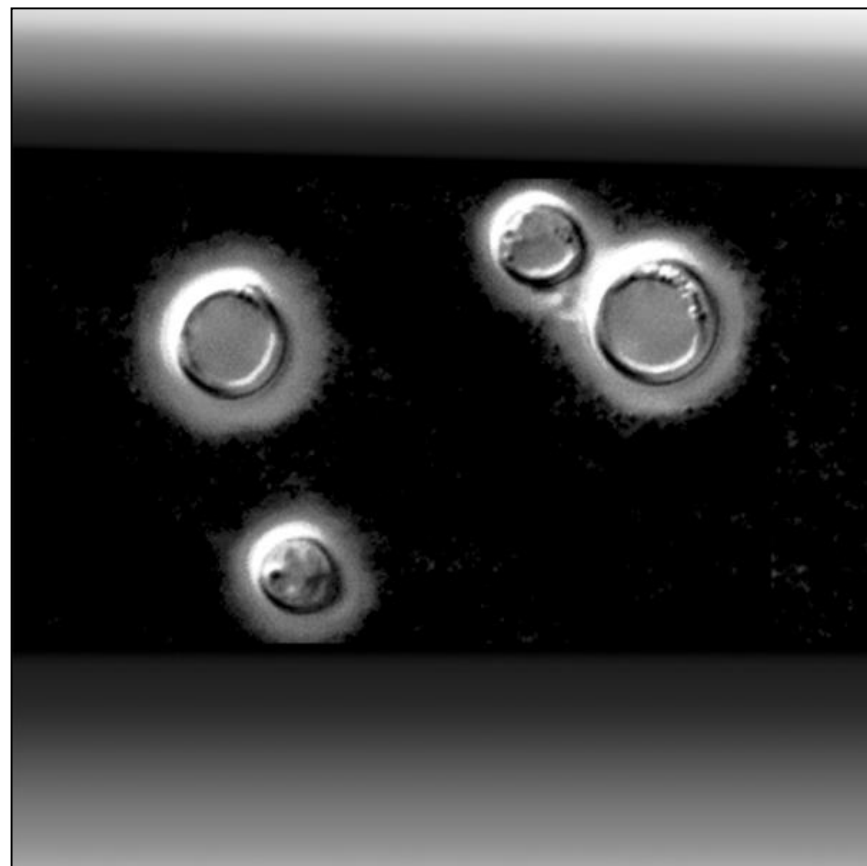
“One more day of delayed action is a day
too late for our people. Our people are
crying out for help. Let us respond while
there is time.”

Botswana's progress toward achieving the 2020 UNAIDS 90-90-90 antiretroviral therapy and virological suppression goals: a population-based survey

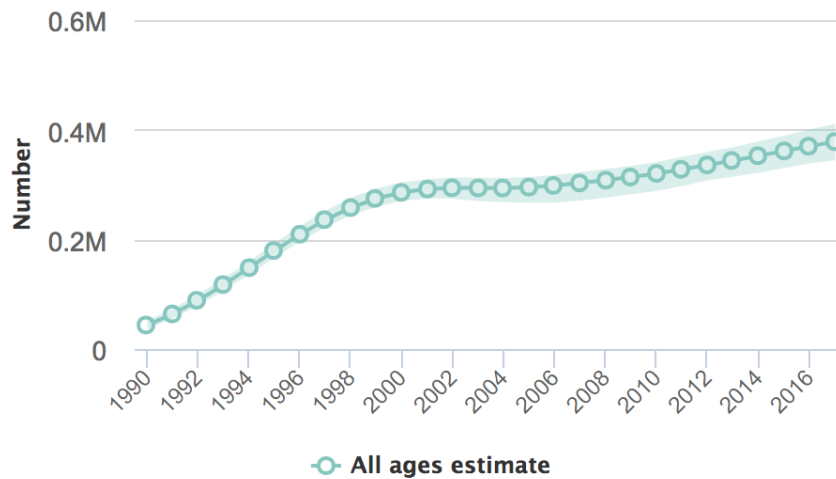


Tendani Goolathe, Kathleen E Wirth, Molly Pretorius Holme, Joseph Makhema, Sikhulile Moyo, Unoda Chakalisa, Etienne Kadima Yankinda, Quanhong Lei, Mompoti Mmalane, Vlad Novitsky, Lillian Okui, Erik van Widenfelt, Kathleen M Powis, Nealia Khan, Kara Bennett, Hermann Bussmann, Scott Dryden-Peterson, Refeletswe Lebelonyane, Shenaaz el-Halabi, Lisa A Mills, Tafireyi Marukutira, Rui Wang, Eric J Tchetgen Tchetgen, Victor DeGruttola, M Essex, Shahin Lockman, and the Botswana Combination Prevention Project study team

Findings 81% of enumerated eligible household members took part in the survey (10% refused and 9% were absent). Among 12610 participants surveyed, 3596 (29%) were infected with HIV, and 2995 (83.3% 95% CI 81.4–85.2) of these individuals already knew their HIV status. Among those who knew their HIV status, 2617 (87.4% 95% CI 85.8–89.0) were receiving ART (95% of those eligible by national guidelines, and 73% of all infected people). Of the 2609 individuals receiving ART with a viral load measurement, 2517 (96.5% 95% CI 96.0–97.0) had viral load of 400 copies per mL or less. Overall, 70.2% (95% CI 67.5–73.0) of HIV-infected people had virological suppression, close to the UNAIDS target of 73%.

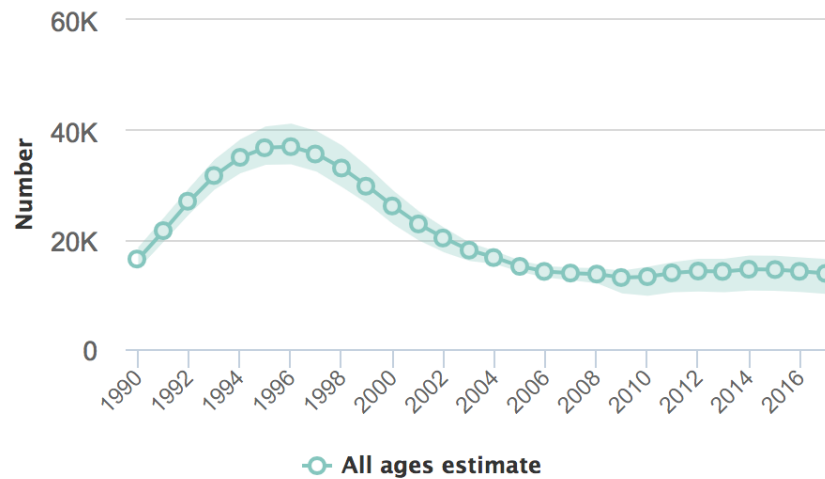


People living with HIV (all ages)



Source: UNAIDS Estimates 2018

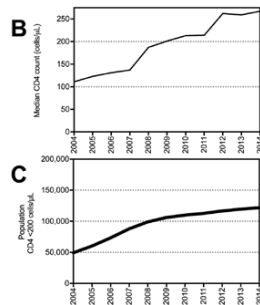
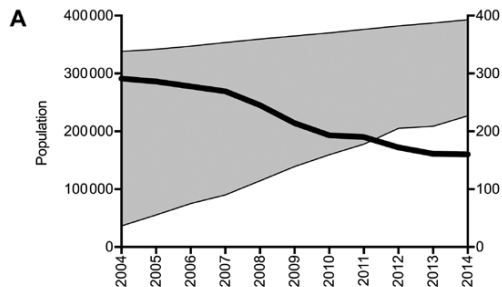
New HIV infections (all ages)



Source: UNAIDS Estimates 2018

Advanced Human Immunodeficiency Virus Disease in Botswana Following Successful Antiretroviral Therapy Rollout: Incidence of and Temporal Trends in Cryptococcal Meningitis

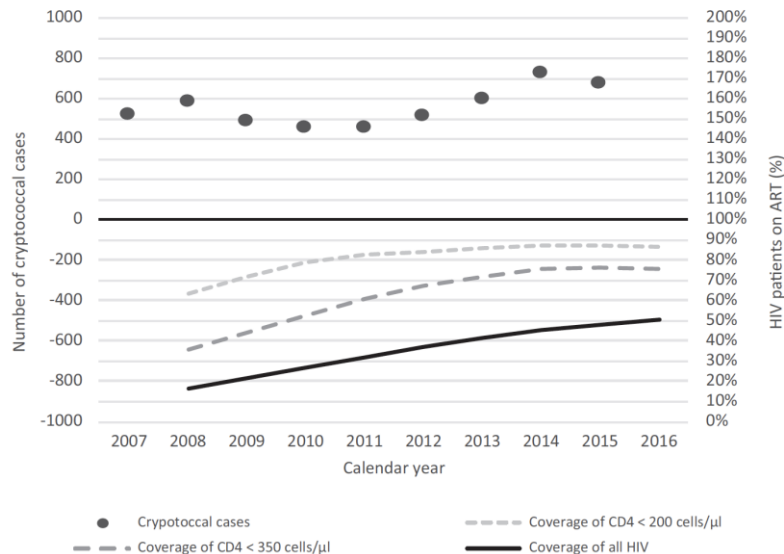
Mark W. Tenforde,^{1,2} Margaret Mokomane,³ Tshepo Leeme,⁴ Raju K. K. Patel,⁵ Nametso Lekwape,⁴ Chandapiwa Ramodimoosi,² Bonno Dube,⁶ Elizabeth A. Williams,⁷ Kelebelelele O. Mokobela,⁸ Ephraim Tawanana,⁴ Tlhogiso Pilatwe,⁹ William J. Hurt,⁴ Hannah Mitchell,⁴ Doreen L. Banda,⁴ Hunter Stone,¹⁰ Mooketsi Molefi,¹¹ Kabelo Mokgacha,⁹ Heston Phillips,¹² Paul C. Mullan,¹³ Andrew P. Steenhoff,^{4,14} Yohana Mashalla,¹¹ Madisa Mine,⁹ and Joseph N. Jarvis^{4,11,15,16}



The Continuing Burden of Advanced HIV Disease Over 10 Years of Increasing Antiretroviral Therapy Coverage in South Africa

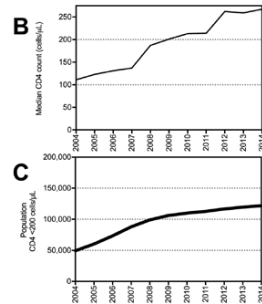
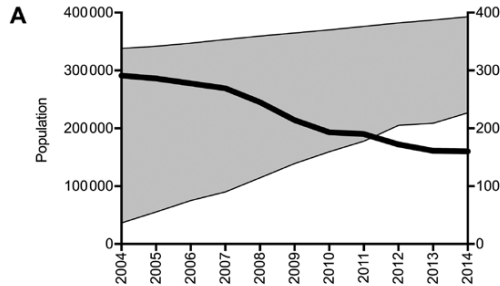
Meg Osler,¹ Katherine Hilderbrand,^{1,2} Eric Goemaere,^{1,2} Nathan Ford,^{1,3} Mariette Smith,^{1,4} Graeme Meintjes,^{5,6} James Kruger,⁴ Nelesh P. Govender,^{7,8} and Andrew Boule^{1,4,5}

Temporal trend in cryptococcal cases and antiretroviral therapy coverage



Advanced Human Immunodeficiency Virus Disease in Botswana Following Successful Antiretroviral Therapy Rollout: Incidence of and Temporal Trends in Cryptococcal Meningitis

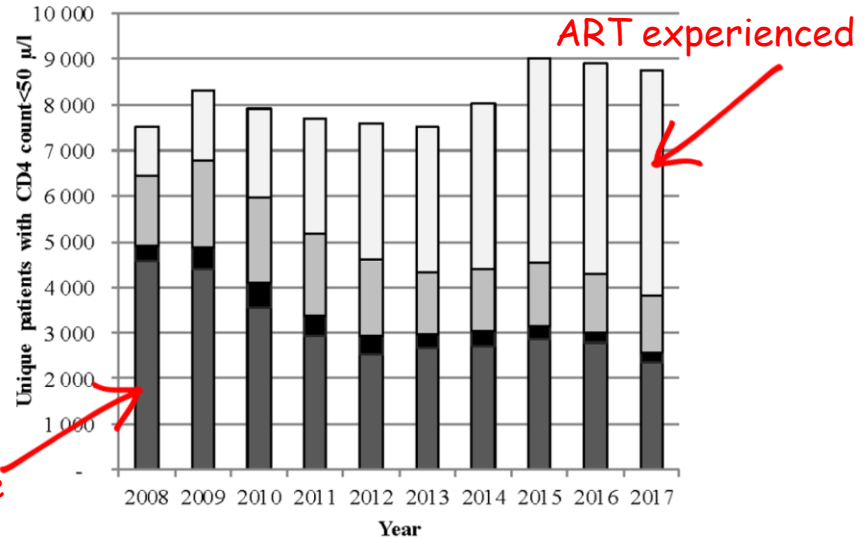
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ART naive

The Continuing Burden of Advanced HIV Disease Over 10 Years of Increasing Antiretroviral Therapy Coverage in South Africa

Meg Osler,¹ Katherine Hilderbrand,^{1,2} Eric Goemaere,^{1,2} Nathan Ford,^{1,2} Mariette Smith,^{1,4} Graeme Meintjes,^{5,6} James Kruger,⁴ Nelesh P. Govender,^{7,8} and Andrew Boulle^{1,4,5}



Background

*With 2 weeks of Amphotericin B based treatment
The best treatment currently available in Africa*

- 36% acute mortality in Vietnam
Day et al. NEJM 2013;368:1291-302
- 41% acute mortality in Africa and Asia
Beardsley et al. NEJM 2016;374:542-54
- 15% of all HIV-related mortality

Rajasingham et al. Lancet ID 2017; pii: S1473-3099(17)30243-8

Mortality rates with current antifungal therapy are unacceptably high

Princess Marina Hospital, Gaborone

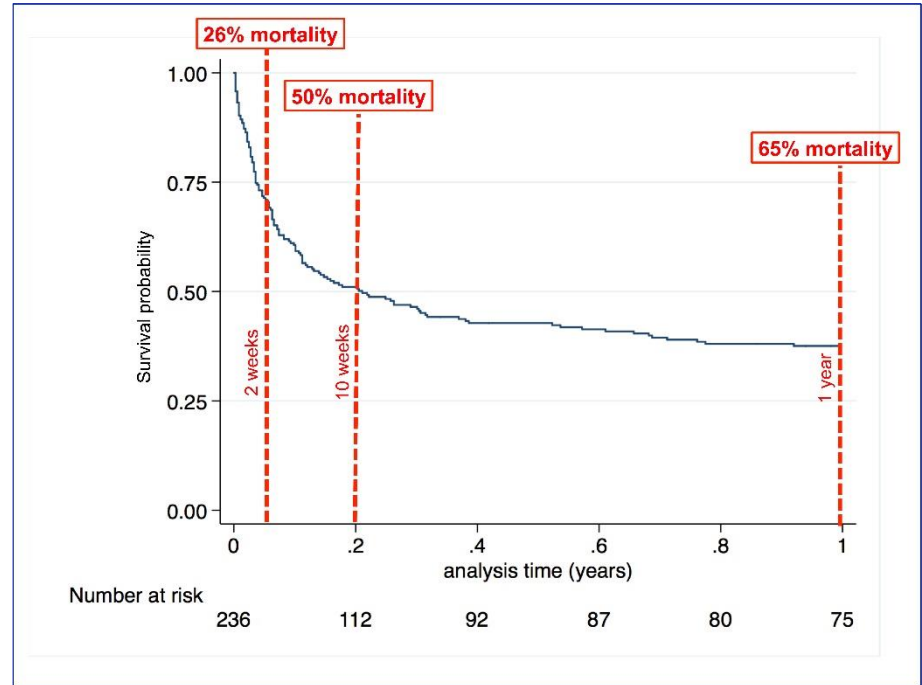
Amphotericin B 1mg/kg plus Fluconazole
800mg daily for 14 days

Universal ART access



Tshepo Leeme et al. Mortality due to HIV-associated Cryptococcal Meningitis in Botswana in the ART Era. CROI 2017, Seattle WA.

Patel RKK, Leeme T*, et al.* Open Forum Infectious Diseases. 2018. Epub 23 Oct.



Background

- 36% acute mortality in Vietnam
Day et al. NEJM 2013;368:1291-302
- 41% acute mortality in Africa and Asia
Beardsley et al. NEJM 2016;374:542-54
- **15% of all HIV-related mortality**

Rajasingham et al. Lancet ID 2017; pii: S1473-3099(17)30243-8



Amphotericin B deoxycholate is toxic and difficult to administer in resource-limited settings



Thrombophlebitis

Nosocomial sepsis (15%)

Rajasingham et al. Emerg Infect Dis. 2014

Infusion reactions

Anaemia (mean 2.3g/dL drop over 14 days)

Bicanic et al AAC 2015

Renal impairment

Potassium and magnesium wasting

Efficacy of an Abbreviated Induction Regimen of Amphotericin B Deoxycholate for Cryptococcal Meningoencephalitis: 3 Days of Therapy Is Equivalent to 14 Days

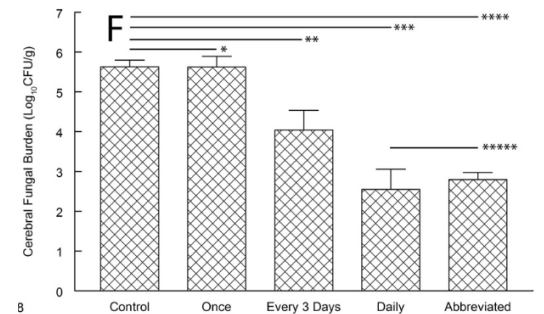
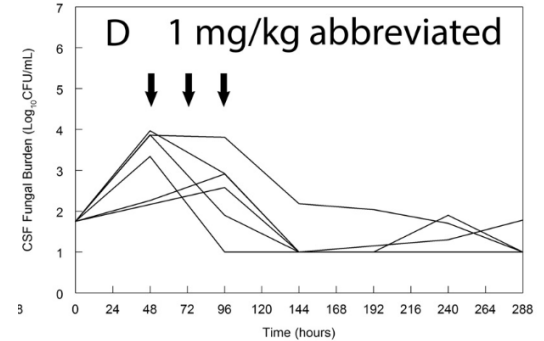
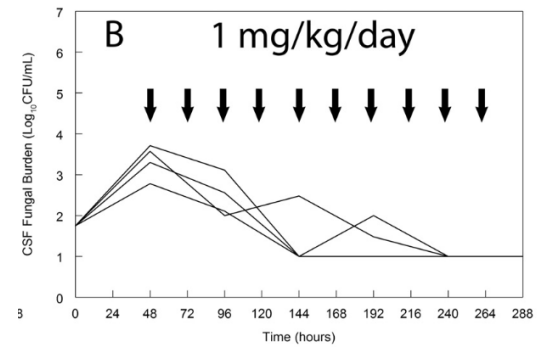
Livermore J et al. *MBio* 2014; 5(1):e00725-13.

(experimental cryptococcal meningoencephalitis in rabbits)

Abbreviated Amphotericin B Deoxycholate regimens have been tested in humans in the recently completed ACTA randomized controlled trial

Toxicity of abbreviated regimens is significantly less than with standard 14-day regimens

Bicanic et al. AAC 2015



Efficacy of an Abbreviated Induction Regimen of Amphotericin B Deoxycholate for Cryptococcal Meningoencephalitis: 3 Days of Therapy Is Equivalent to 14 Days

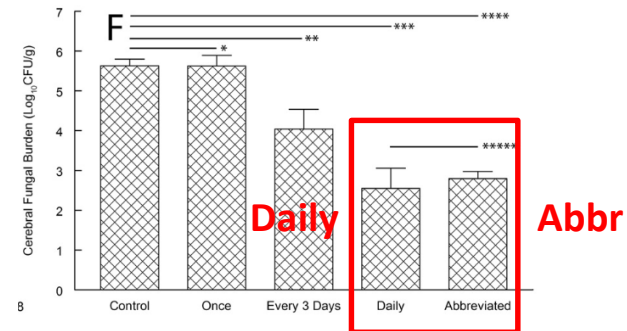
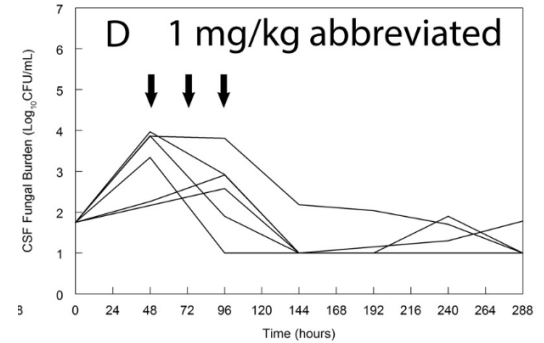
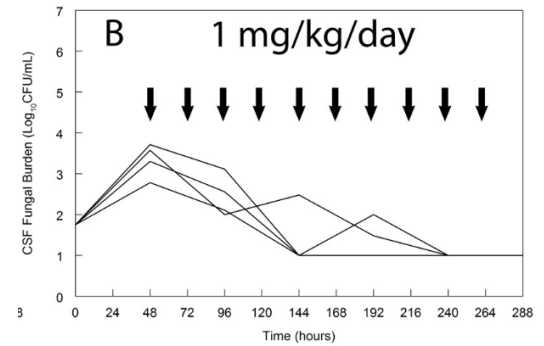
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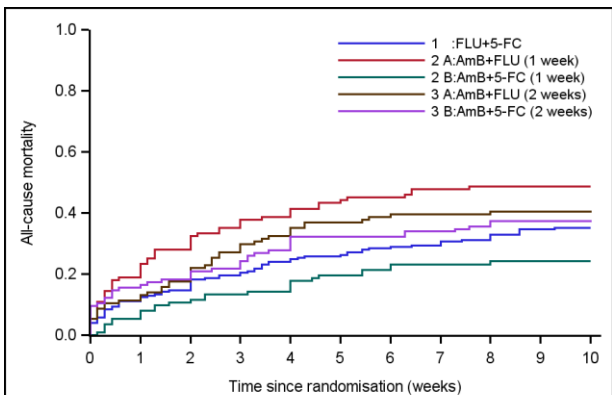
Bicanic et al. AAC 2015



ORIGINAL ARTICLE

Antifungal Combinations for Treatment of Cryptococcal Meningitis in Africa

S.F. Molloy, C. Kanyama, R.S. Heyderman, A. Loyse, C. Kouanfack, D. Chanda,



1	225	200	192	181	171	167	161	159	155	147	144
2A	111	90	80	72	68						
2B	113	106	100	97	96						
3A	114	101	94	83	77						
3B	115	97	94	90	83						

**1 week AmB + 5FC
vs 2 weeks AmB + 5FC**

10 week mortality Hazard ratio (95% CI)

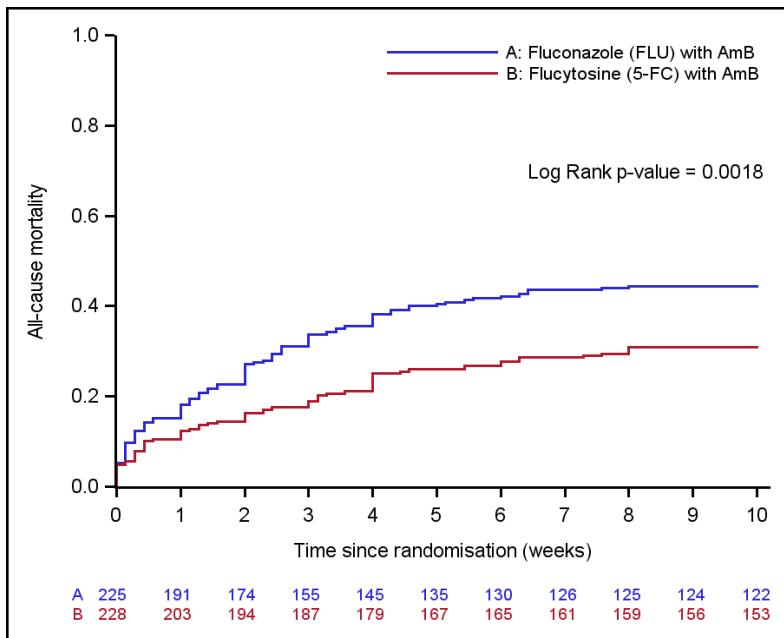
0.56 (0.35 to 0.91)

	Oral	1 week AmB + FLU	1 week AmB + 5FC	2 weeks AmB + FLU	2 weeks AmB + 5FC
Probability of death by 10 wks % (95% CI)	35% (29 - 41)	49% (39 - 58)	24% (16 - 32)	41% (32 - 50)	38% (29 - 47)
	79/225	54/111	27/113	47/114	44/115

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Hazard Ratio (95% CI)		
	AmB + 5FC vs AmB + FLU	p-value (log-rank test)
10 week mortality	0.62 (0.45 to 0.84)	0.002

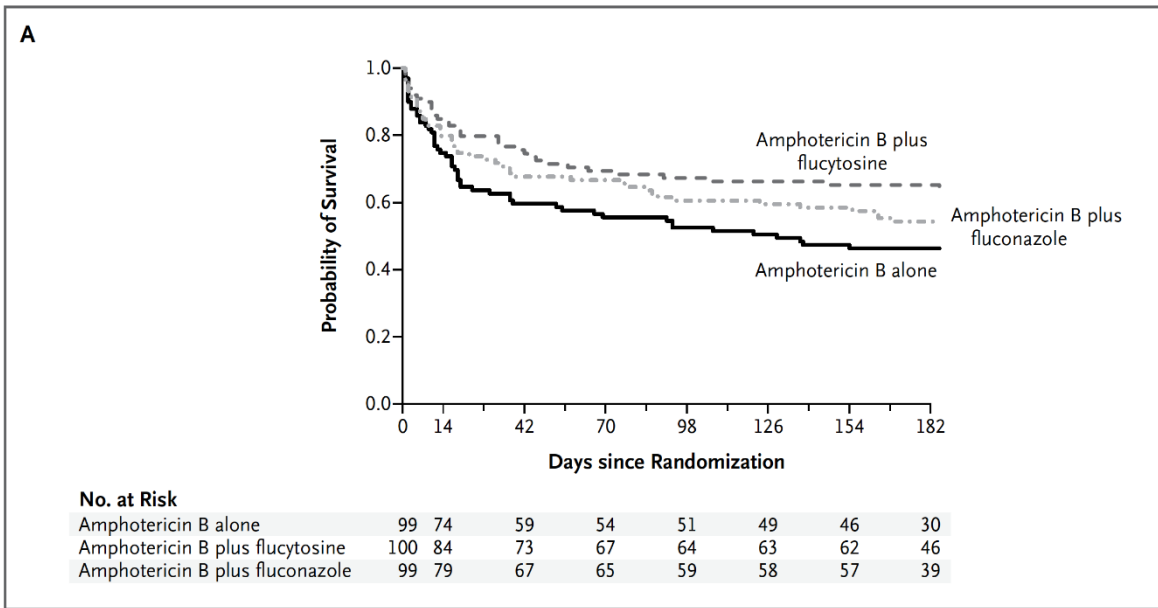
10 week mortality:
 FLU: **45%** (101/225)
 5FC: **31%** (71/228)

ORIGINAL ARTICLE

Combination Antifungal Therapy for Cryptococcal Meningitis

Jeremy N. Day, M.D., Ph.D., Tran T.H. Chau, M.D., Ph.D., Marcel Wolbers, Ph.D.,

N ENGL J MED 368;14 NEJM.ORG APRIL 4, 2013



What about liposomal amphotericin B?

Less nephrotoxic

- *higher doses can be given safely*

Excellent tissue penetration and long tissue half life

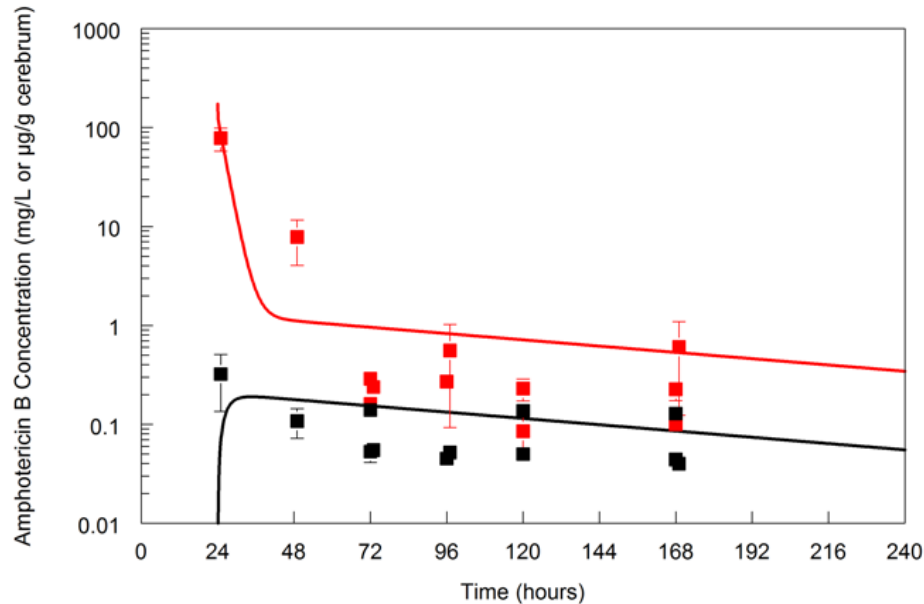
- *should be possible to deliver highly effective induction therapy with very few (1, 2, or 3) doses*

Effective long-lasting therapy with just one dose of high dose liposomal amphotericin B has been established in the treatment of visceral leishmaniasis

Use in CM previously limited by cost, but short courses and reduced pricing could make it a cost-effective option

Need to define the most effective and most cost-effective schedules

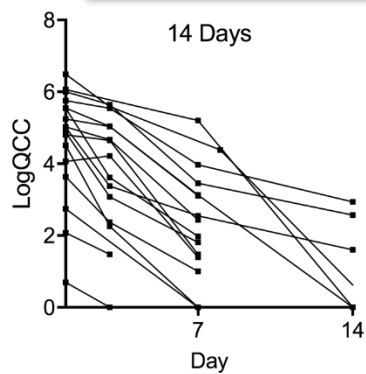
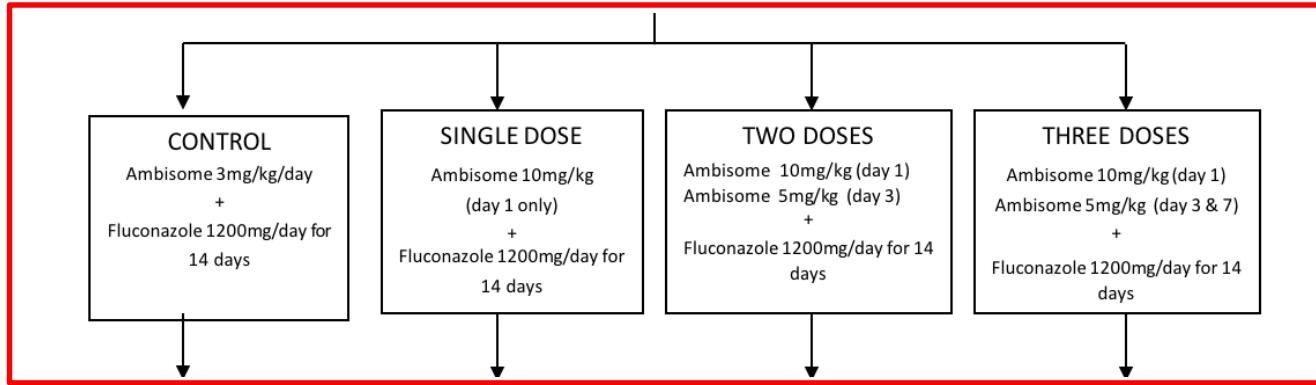
The pharmacokinetics of liposomal amphotericin B in murine **plasma (red)** and **cerebrum (black)** in cohorts of mice infected with *Cryptococcus neoformans* receiving LAmB 20 mg/kg SINGLE DOSE i.v.



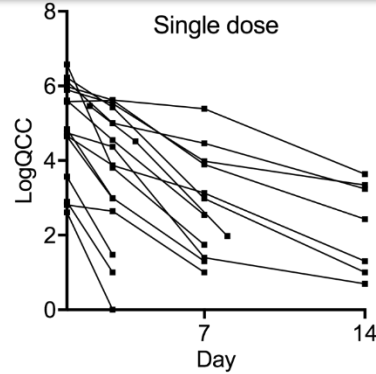
The terminal half-life in the plasma and cerebrum is circa 133 hours.

Jodi M. Lestner, Laura McEntee, Adam Johnson, Joanne Livermore, Sarah Whalley, Julie Schwartz, John R. Perfect, Thomas Harrison, William Hope. AAC 2017.

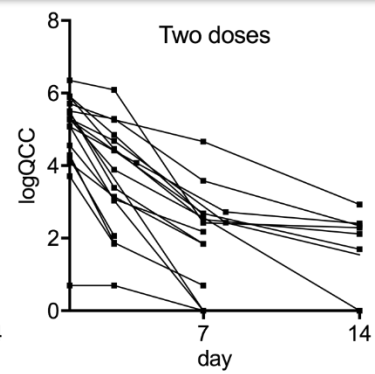
The Ambition Phase 2 Study: Primary Endpoint EFA (*Jarvis et al. CID 2018*)



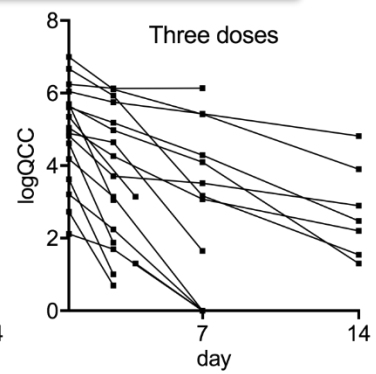
Mean -0.41 SD 0.11 cfu/ml/d
 Mortality 29% (6/21)



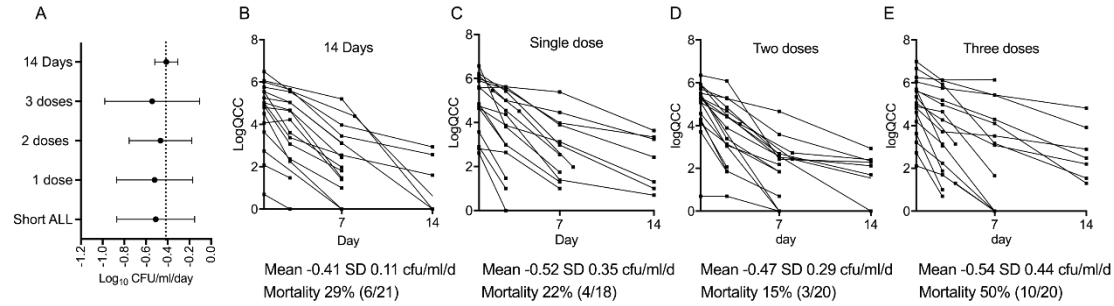
Mean -0.52 SD 0.35 cfu/ml/d
 Mortality 22% (4/18)



Mean -0.47 SD 0.29 cfu/ml/d
 Mortality 15% (3/20)

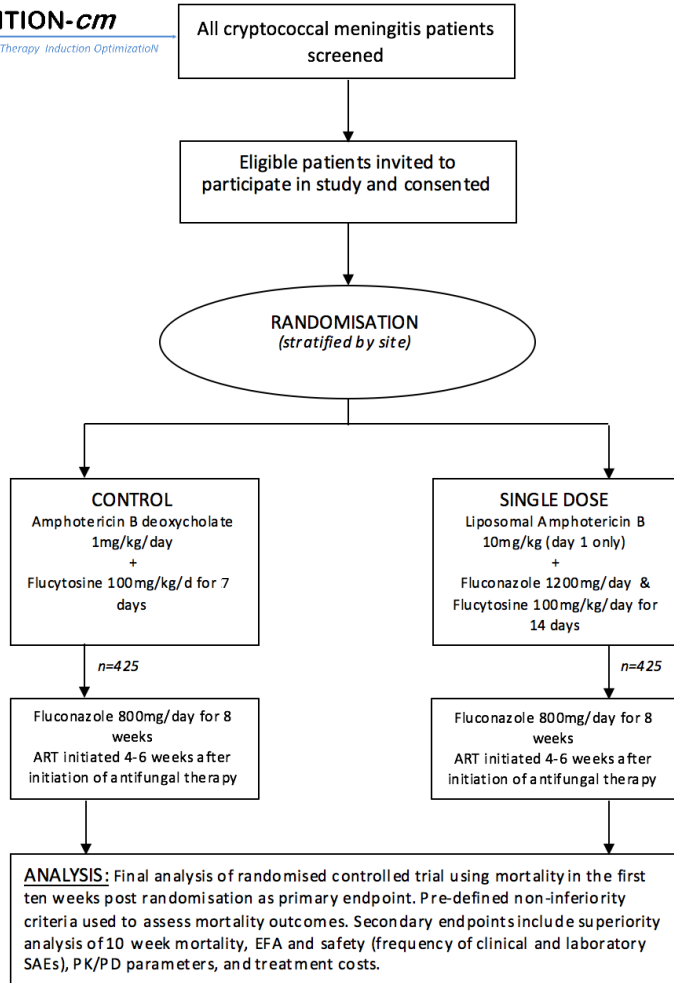


Mean -0.54 SD 0.44 cfu/ml/d
 Mortality 50% (10/20)



All 3 short course Liposomal Amphotericin B treatment arms were non-inferior to control





AMBITION Phase-III study – clinical endpoint non-inferiority trial

L-AmB 10 mg/kg day 1 (single dose)

vs

Amphotericin B deoxycholate 1.0 mg/kg/d 7 days
(“control arm”)

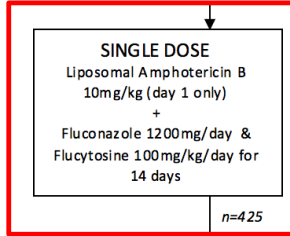
Hypothesis: Short-course high-dose L-AmB given with high dose fluconazole and flucytosine will be non-inferior to standard daily-dosed amphotericin B deoxycholate with flucytosine induction therapy for the treatment of HIV-associated cryptococcal meningitis in averting all-cause mortality.

Endpoints:

Primary: All-cause mortality within the first 10 weeks

Secondary: Early Fungicidal Activity (EFA); 2-week mortality; tolerability and adverse events; cost-effectiveness

850 patients total (425 per arm) (10% NI margin)



We are studying a form triple therapy chosen as best possible challenger to the new standard of care established by ACTA, on the basis that:

1. AMBITION phase II: single high dose is best way to deliver Ambisome
2. ACTA data showing 5FC essential component and best partner drug with AmB
3. Concern if ONLY single dose Ambisome + 5FC were used a risk of 5FC monotherapy in second week leading possible 5FC resistance, and no phase 2 data for this approach
4. With oral combination Fluconazole / 5FC backbone: includes the AMBITION phase II combination, phase 3 ACTA supported oral combination (which was just lacking a non toxic EFA kick?), no downside to including fluconazole (cost, availability), andsome evidence 3 drugs may actually be superior



Kampala and Mbarara, Uganda
Infectious Diseases Institute



Lilongwe, Malawi
UNC Project



Blantyre, Malawi

Malawi-Liverpool Wellcome Trust Clinical Research Programme



Harare, Zimbabwe

University of Zimbabwe



Gaborone, Botswana

Botswana-Harvard Partnership and University of Botswana



Cape Town, South Africa

University of Cape Town



UNIVERSITY OF CAPE TOWN
IYUNIVESITHI YASEKAPA • UNIVERSITEIT VAN KAAPSTAD



Sida



UKaid
from the British people



Can we lower mortality with adjunct therapies?

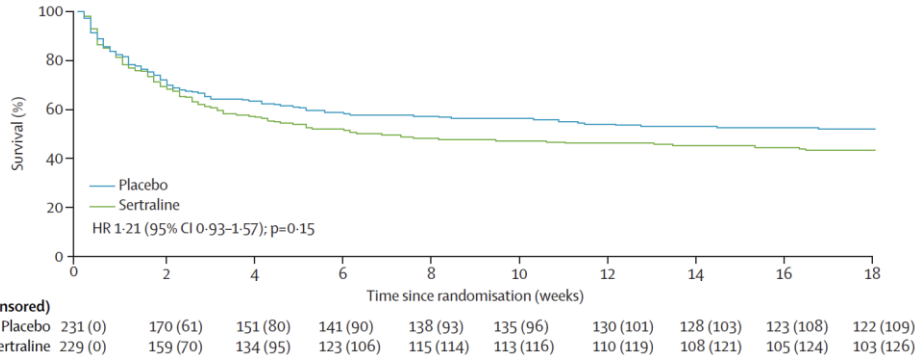
Can we lower mortality with adjunct therapies?

Adjunctive sertraline for HIV-associated cryptococcal meningitis: a randomised, placebo-controlled, double-blind phase 3 trial



Joshua Rhein, Kathy Huppler Hullsiek, Lillian Tugume, Edwin Nuwagira, Edward Mpoza, Emily E Evans, Reuben Kiggundu, Katelyn A Pastick, Kenneth Ssebambulidde, Andrew Akampurira, Darlisha A Williams, Ananta S Bangdiwala, Mahsa Abassi, Abdu K Musubire, Melanie R Nicol, Conrad Muzoora, David B Meyra, David R Boulware, on behalf of ASTRO-CM team*

Lancet Infect Dis 2019;
19: 843-51



No mortality benefit of adding sertraline to amphotericin B and fluconazole

52% 18-week mortality in the sertraline group,

VS

46% in the control group.

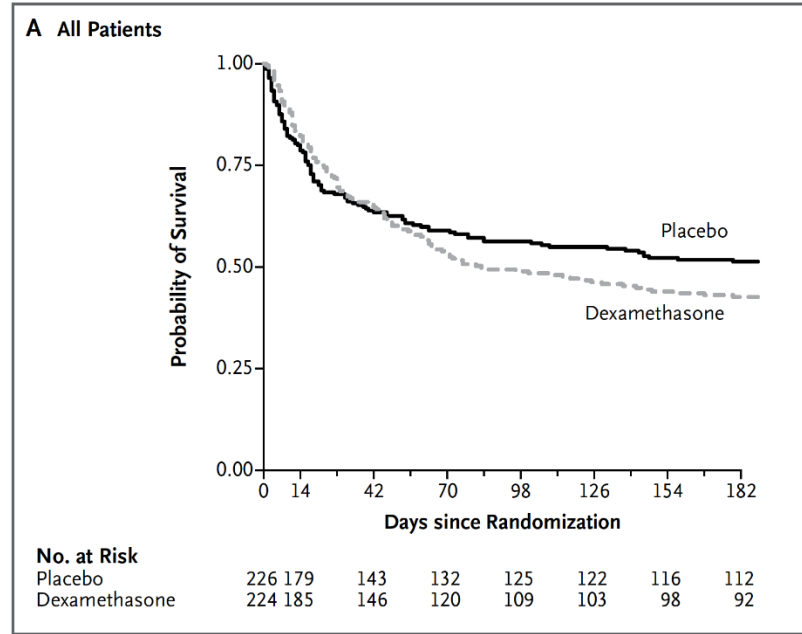
Can we lower mortality with adjunct therapies?

The NEW ENGLAND JOURNAL of MEDICINE

ORIGINAL ARTICLE

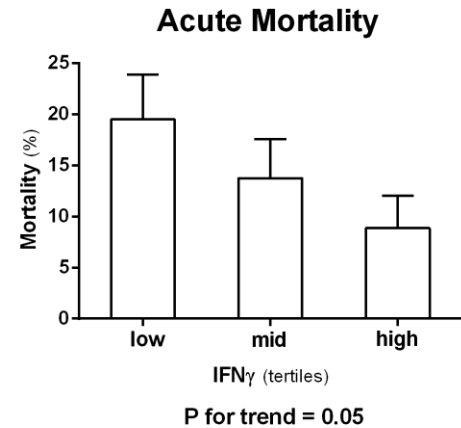
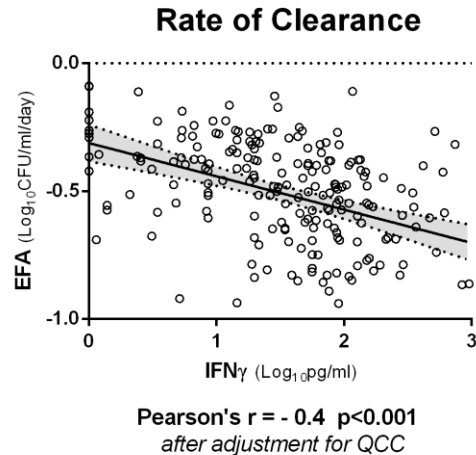
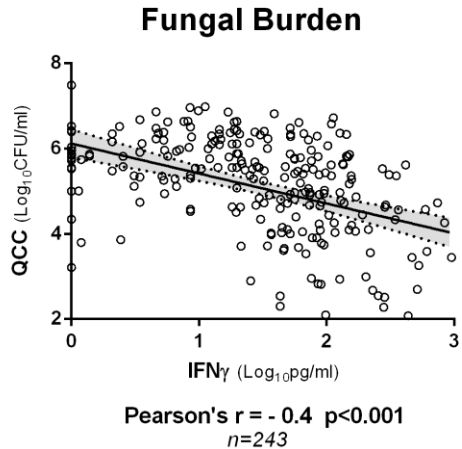
Adjunctive Dexamethasone in HIV-Associated Cryptococcal Meningitis

J. Beardsley, M. Wolbers, F.M. Kibengo, A.-B.M. Ggayi, A. Kamali, N.T.K. Cuc,
N ENGL J MED 374;6 NEJM.ORG FEBRUARY 11, 2016



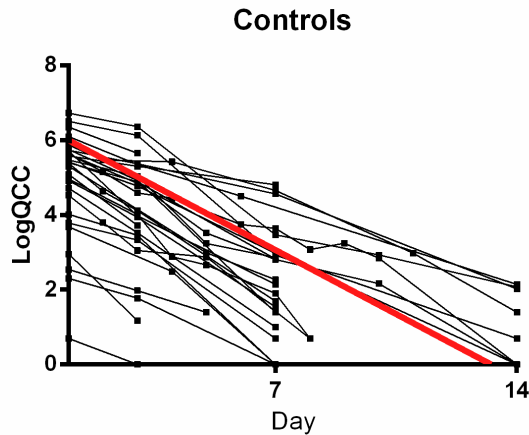
Can we lower mortality with adjunct therapies?

Interferon- γ (IFN γ) plays a key role in host defense



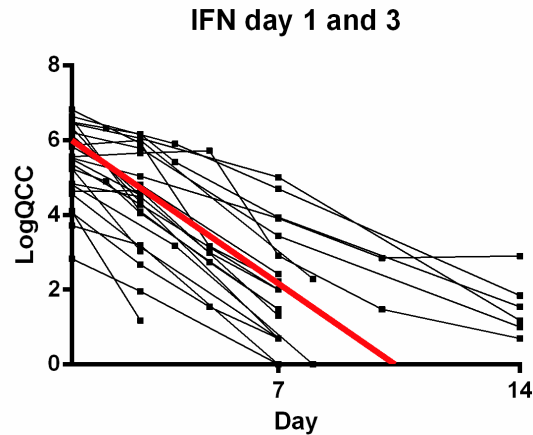
Can we lower mortality with adjunct therapies?

IFN γ therapy led to significantly increased rates of clearance of cryptococcal infection from the CSF



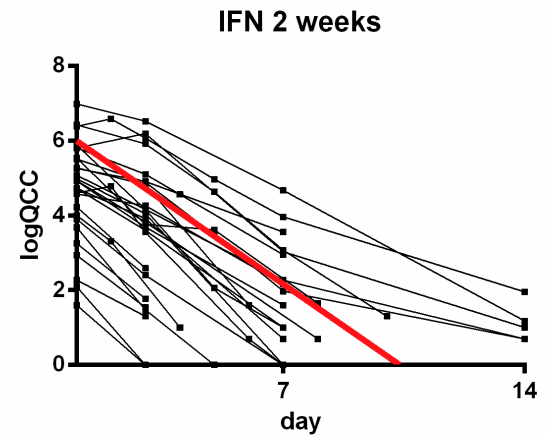
Mean slope -0.49 (SD 0.17)

Adj. for baseline QCC, IFN and CD4



Mean slope -0.64 (SD 0.27)
vs control $p=0.02^*$

*vs control $p=0.01^{**}$*



Mean slope -0.64 (SD 0.22)
vs control $p=0.006^*$

*vs control $p=0.008^{**}$*

Novel drugs for cryptococcal meningitis

Novel azole type drugs – (Mycovia) VT-1598.

Lockhart SR, Fothergill AW, Iqbal N, et al. The investigational fungal Cyp51 inhibitor VT-1129 demonstrates potent in vitro activity against *Cryptococcus neoformans* and *Cryptococcus gattii*. *Antimicrob Agents Chemother* 2016;60: 2528–31.

Amplix APX001. First in a new class of broad-spectrum antifungal agents that inhibit Gwt1, an enzyme which is required for cell wall localization of glycosylphosphatidylinositol (GPI)-anchored mannoproteins in fungi.

FDA grants orphan drug designation to Amplix Pharmaceuticals for APX001 for treatment of cryptococcosis. <https://amplix.com/fdagrants-orphan-drug-designation-to-amplix-pharmaceuticals-for-apx001-for-treatment-of-cryptococcosis/> (accessed March 31, 2019).

Oral formulations of Amphotericin B.

Lu R, Hollingsworth C, Qiu J, et al. Efficacy of Oral Encapsulated Amphotericin B in a Mouse Model of Cryptococcal Meningoencephalitis. *MBio*. 2019 May 28;10(3). pii: e00724-19.

Novel drugs for cryptococcal meningitis

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Amplify APX001. First in a new class of antifungal agents that inhibit Gwt1, an enzyme that is essential for cell wall localization of glycosylphosphatidylinositol (GPI) anchors of mannoproteins in fungi.

FDA grants orphan drug designation to amplify pharmaceuticals for APX001 for treatment of cryptococcosis. <https://amplypharm.com/newsroom/orphan-drug-designation-to-amplify-pharmaceuticals-for-apx001-for-treatment-of-cryptococcosis> (2019).

Soon to start phase II trials

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Diagnosis

Lumbar puncture and India ink staining +/- culture

Immunodiagnosis (CRAG)



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Immunodiagnosis (CRAG)

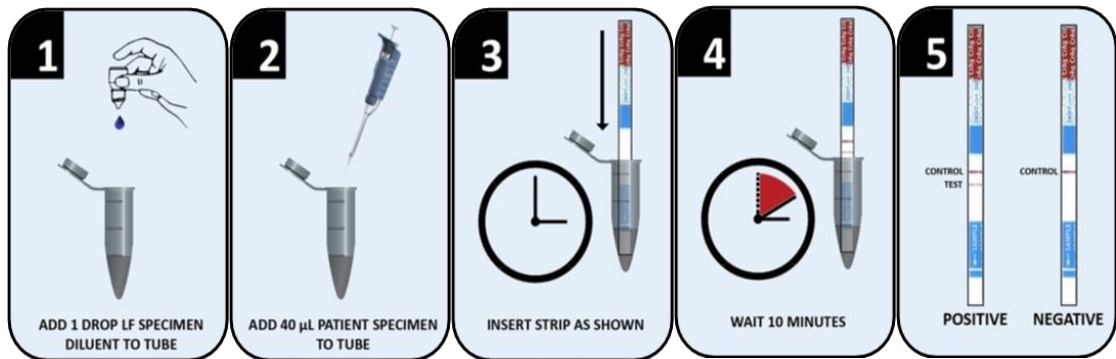
A point of care test?

Earlier diagnosis

Antigen screening

Serum, Plasma, and fingerprick



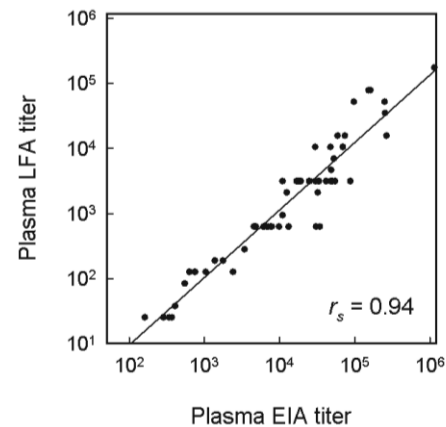
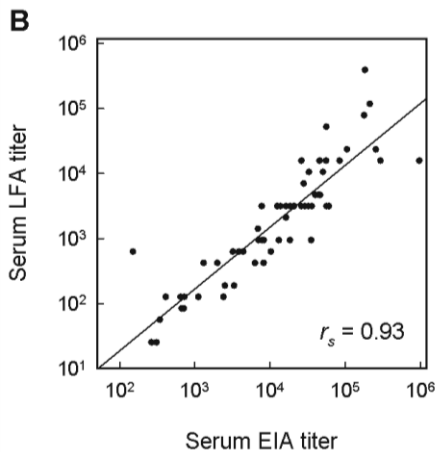
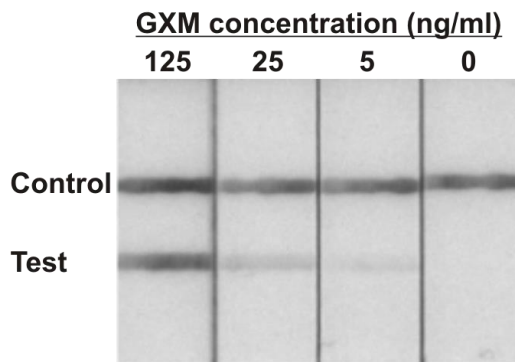


IMMY CrAg LFA

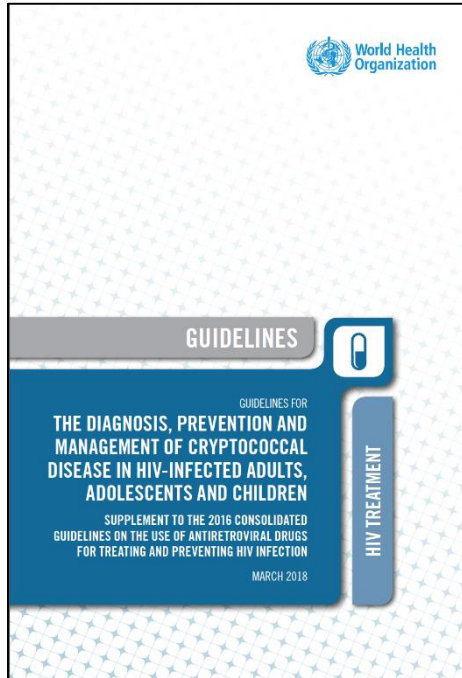
Clin Infect Dis. 2011 Nov; 53(10):1019-23.

Sensitivity 99.3%, Specificity 99.1%

Emerg Infect Dis. 2014 Jan;20(1):45-53.



Cryptococcal antigen screening

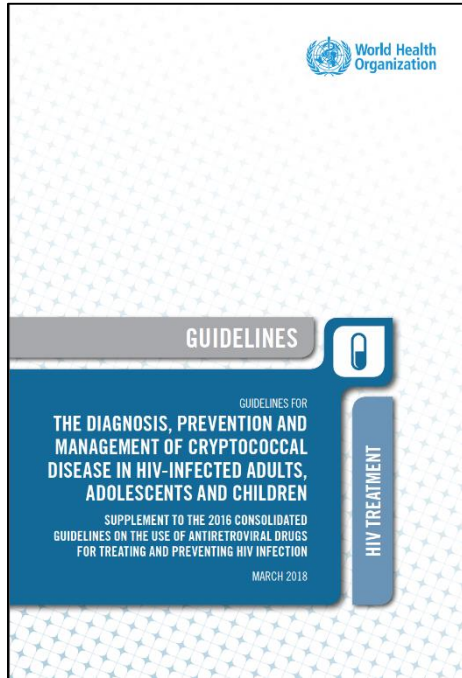


“Screening for cryptococcal antigen is the optimal approach for guiding resources in a public health approach and is the preferred approach for identifying risk of progression to disease when managing people presenting with advanced HIV disease.”

Recommendations

- Screening for cryptococcal antigen followed by pre-emptive antifungal therapy among cryptococcal antigen–positive people to prevent the development of invasive cryptococcal disease is recommended before initiating or reinitiating ART for adults and adolescents living with HIV who have a CD4 cell count <100 cells/mm³ (**strong recommendation; moderate-certainty evidence**) and may be considered at a higher CD4 cell count threshold of <200 cells/mm³ (**conditional recommendation; moderate-certainty evidence**).

Cryptococcal antigen screening



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TOP 5 POSTER session later today:

Cryptococcal Meningitis is a Cause of Death Among HIV-Infected Adults Despite Cryptococcal Antigen Screening and Pre-emptive Fluconazole Treatment

Dr Rachel Wake, St George’s University of London

A novel semi-quantitative CrAg dipstick may enable stratified treatment

220 CrAg+ plasma samples
from patients in Botswana



Kwana Lechiile et al

Evaluating the IMMY semi-quantitative CRAG LFA
in HIV-positive patients in Botswana. Unpublished.

To be presented at CROI 2020
Boston, MA, USA

Challenges and opportunities



Challenges

Flucytosine access

Liposomal amphotericin B pricing and availability

Progress

WHO prequalification of liposomal amphotericin B (AmBisome) in June, 2018;

Addition of cryptococcal meningitis to the US Food and Drug Administration's priority review voucher scheme in August, 2018;

Expansion of Gilead's preferential AmBisome pricing programme for visceral leishmaniasis to include cryptococcal meningitis in September, 2018;

Announcement of substantial UNITAID funding for cryptococcal meningitis treatment in high-burden African countries in January, 2019

Summary

Cryptococcal meningitis remains the commonest cause of adult meningitis in east, central, and southern Africa despite expanded access to ART

Mortality rates are unacceptably high with current treatments, which are toxic and difficult to administer in low-resource settings

A novel short-course highly effective and safer L-AmB treatment regimen for CM could transform the management of late-stage HIV and markedly improve outcomes in HIV programmes in Africa.

Screening HIV-positive individuals with low CD4 counts for sub-clinical cryptococcal infection using CrAg tests and giving early treatment is recommended to reduce the burden of cryptococcal meningitis

