

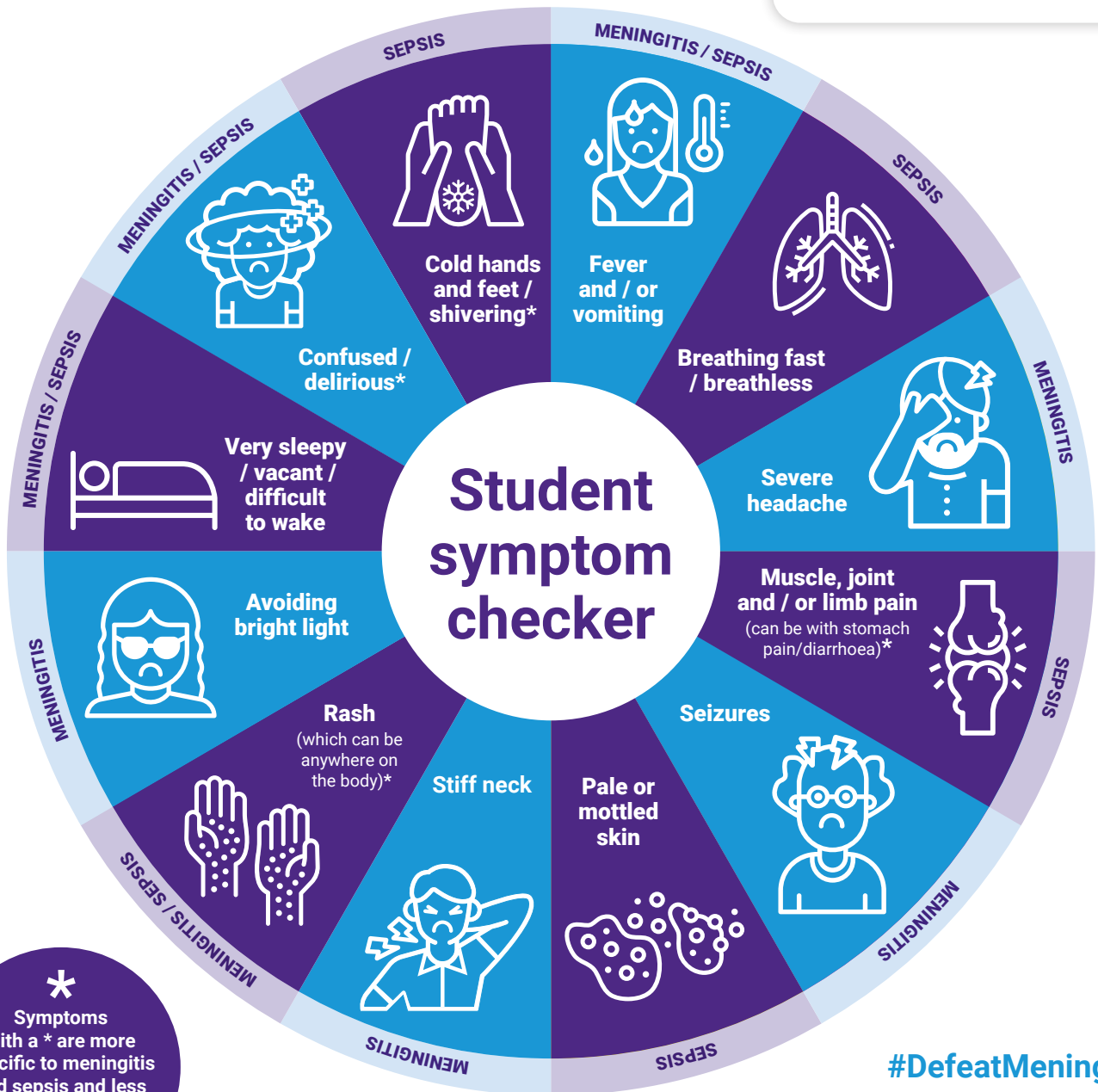
Meningitis and sepsis can be deadly: know the symptoms. You could save someone's life

It's easy to mistake meningitis and sepsis for freshers flu, COVID or even a hangover. But meningitis can kill. Fast. Don't be in a race against it.

Symptoms can appear in any order. Not everyone gets every symptom. Always trust your instincts and get professional medical help fast.

Remember:

- > Best way to protect yourself? Make sure you've had your MenACWY vaccine. Not sure if you've had it? Speak to your doctor.
- > But remember the MenACWY vaccine doesn't protect against all strains of meningitis. So, know these symptoms and tell your friends about it. Be meningitis aware.



* Symptoms with a * are more specific to meningitis and sepsis and less common in milder illnesses.

#DefeatMeningitis