



Neonatal meningitis and sepsis: what happens to survivors?

Meningitis & septicaemia | November 5th - 6th 2019

Professor Joy Lawn MBBS MPH PhD FRCPCH FMedSci



@MARCH_LSHTM

| march.lshtm.ac.uk

@joylawn

#MRFConf2019

Thanks to many exceptional women!



Prof Kim Mullholand
according to on line programme!!



Uduak Okomo



Anna Seale



Kate Milner



Maya Kohli-Lynch



Cally Tann



Proma Paul



Jaya Chandna

World you are born into determines your survival... and of disability



High income countries
~12 million births

Upper middle income countries
~39 million births

140 million births per year

Low and middle income countries

Low and middle income countries



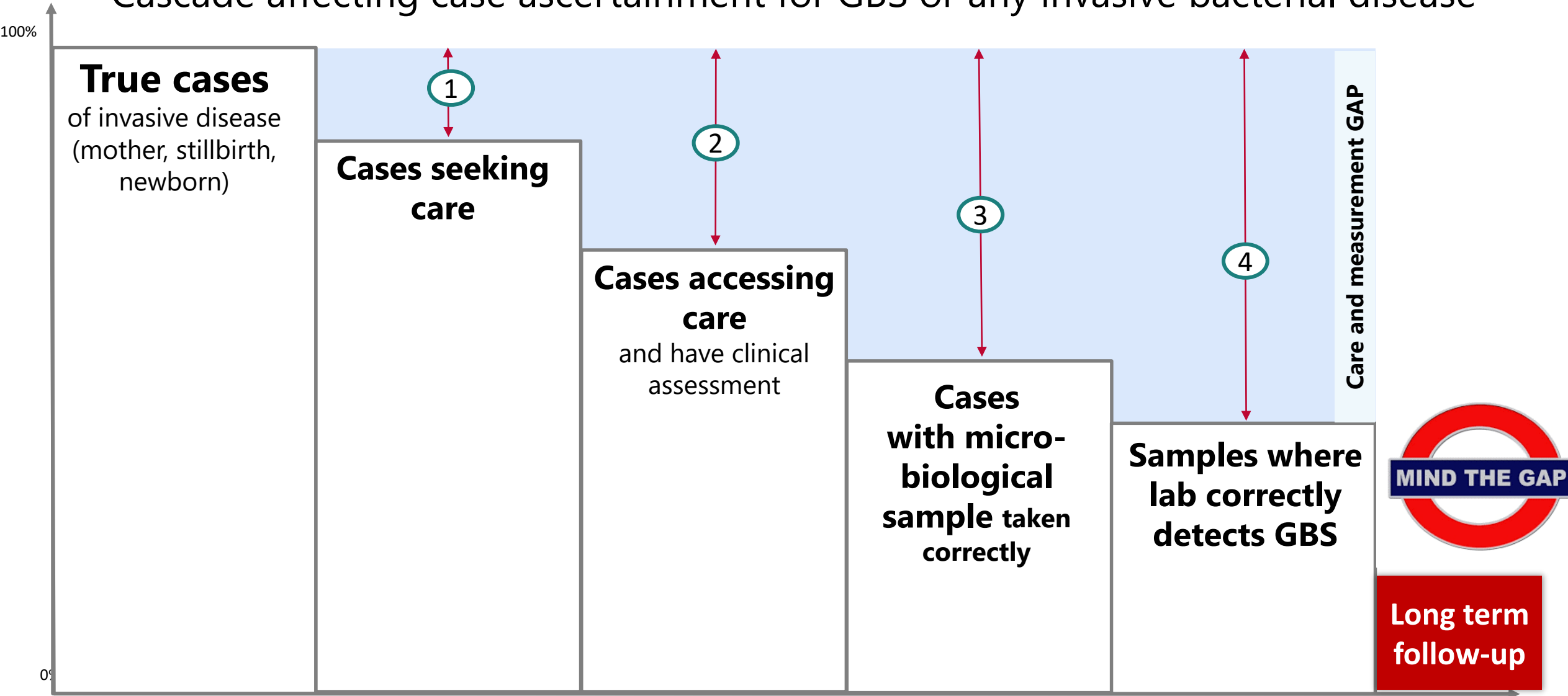
~44 million births at home

~45 million facility births

And the chance of being counted correctly - highest risk, least data (“Inverse data law”)

Data waterfall ...

Cascade affecting case ascertainment for GBS or any invasive bacterial disease

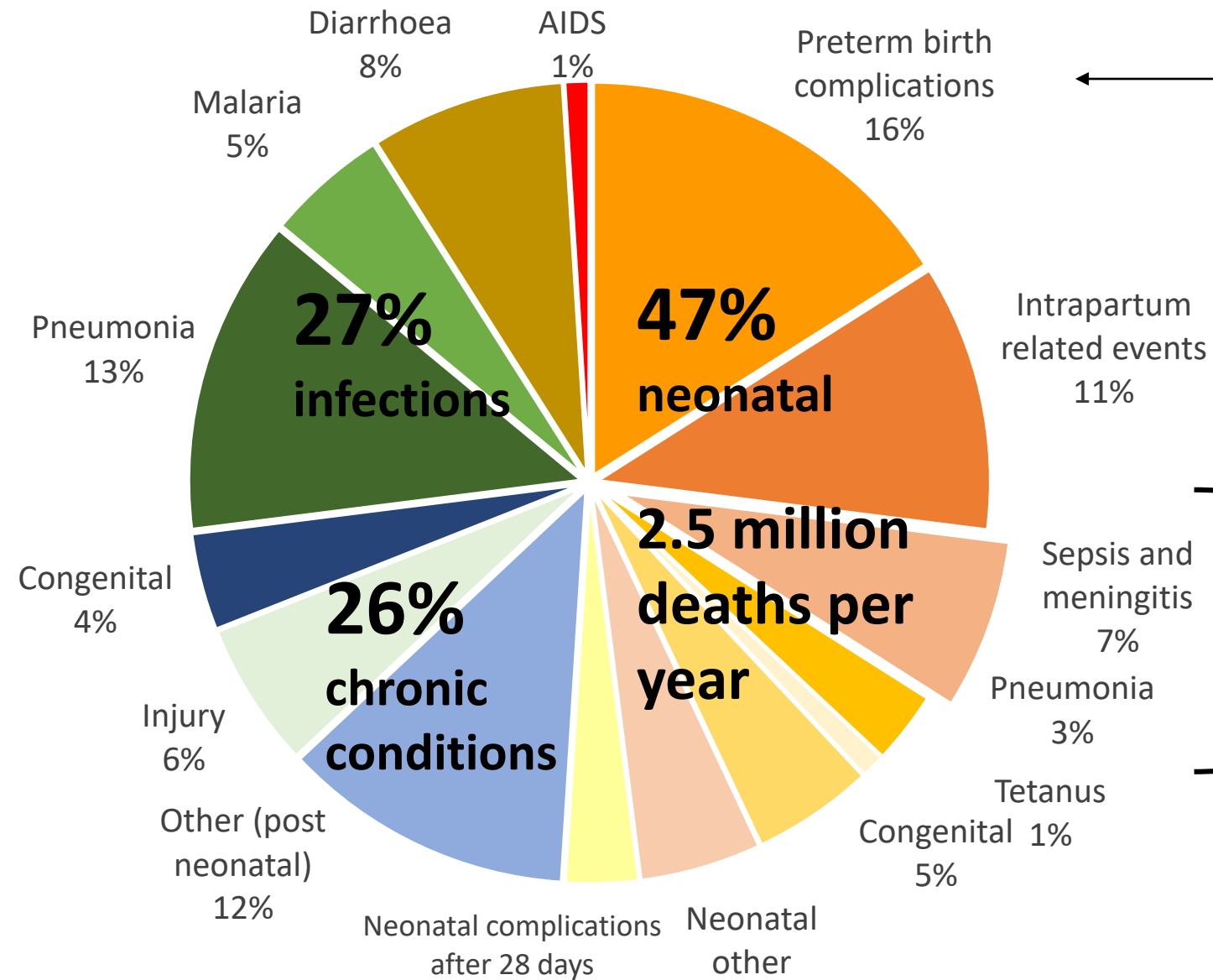


Lawn JE, et al Clinical Infectious Diseases. 2017;65(S2):S89-99

5.3 million deaths

WHY do children die?

Global causes of child deaths under 5 years of age in 2017



1. Preterm birth top cause of CHILD deaths + important cause of disability and loss of human capital

2. Birth complications

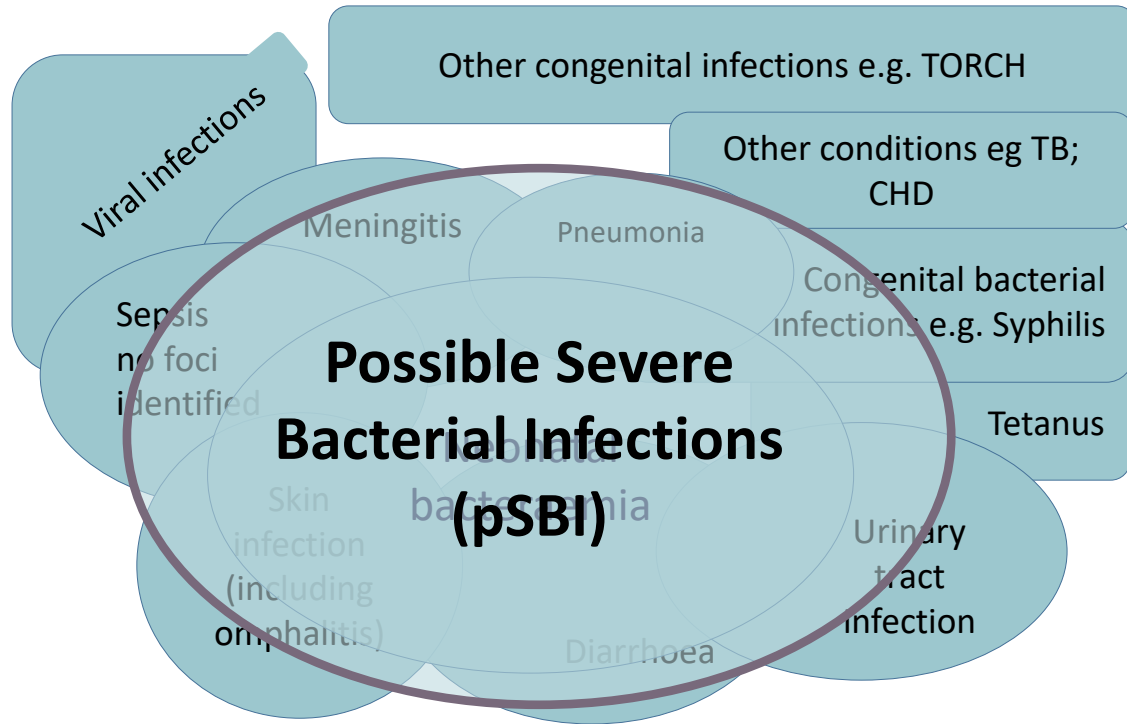
3. Neonatal infections:

“Black box” for aetiological data regarding 600,000 deaths due to neonatal infections.



Cases clinically assessed

Cases - clinical syndromes



Meningitis
Invasive CSF infection

Sepsis
Invasive blood stream

Pneumonia
Invasive respiratory infection

Increasing complexity

for clinical & lab diagnosis

WHO definition for Possible Severe Bacterial Infection (pSBI):

The presence of **any one** of the following six signs :

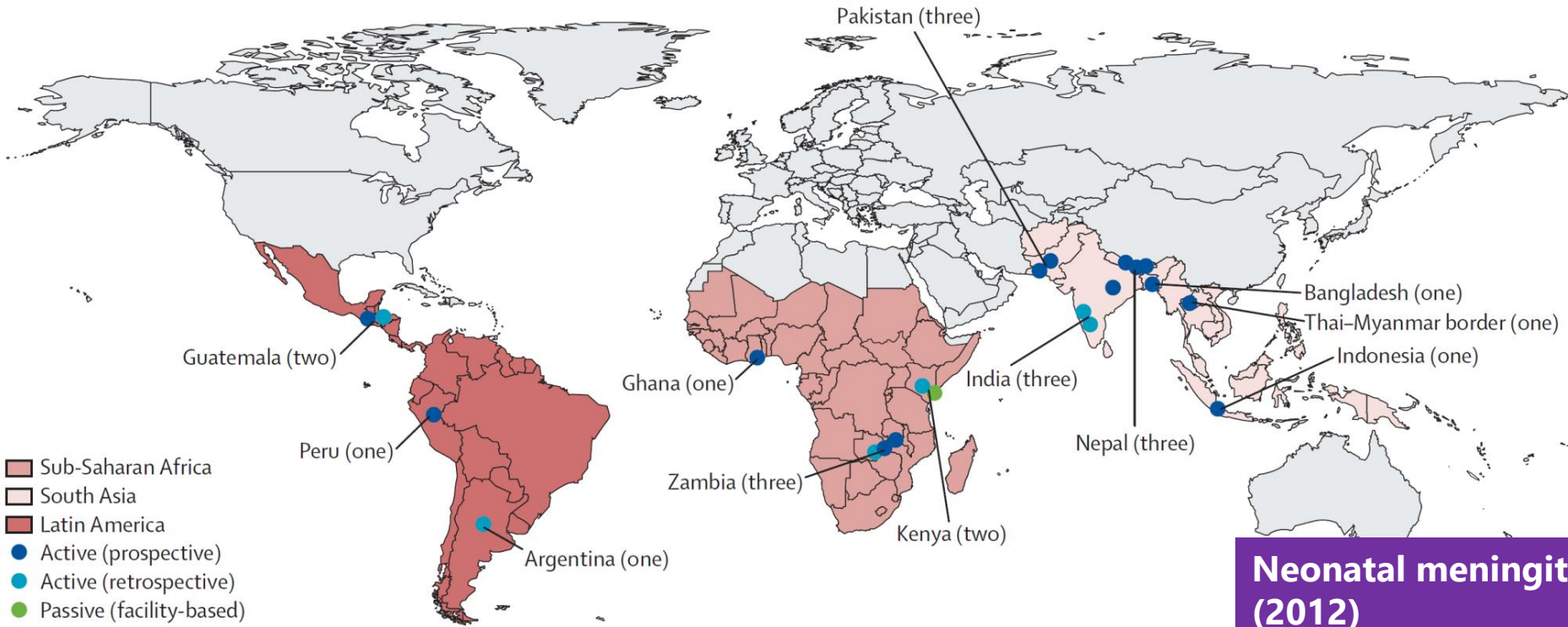
- (1) a history of difficulty feeding,
- (2) history of convulsions,
- (3) movement only when stimulated,
- (4) respiratory rate of 60 breaths per minute or more,
- (5) severe chest in-drawing,
- (6) temperature $\geq 37.5^{\circ}\text{C}$, or $\leq 35.5^{\circ}\text{C}$ *

*Young Infants Clinical Signs Study Group. Clinical signs that predict severe illness in children under age 2 months: a multicentre study. *Lancet* 2008; 371(9607): 135-4

Cases clinically assessed

Neonatal pSBI estimates

Geographic distribution of data included



Neonatal meningitis cases (2012) ~200,000

Source: Lancet ID, Seale ... Lawn JE, 2014

Articles

Estimates of possible severe bacterial infection in neonates in sub-Saharan Africa, south Asia, and Latin America for 2012: a systematic review and meta-analysis



Anna C Seale, Hannah Blencowe, Alexander A Manu, Harish Nair, Rajiv Bahl, Shamim A Qazi, Anita K Zaidi, James A Berkley, Simon N Cousens, Joy E Lawn, for the pSBI Investigator Group*

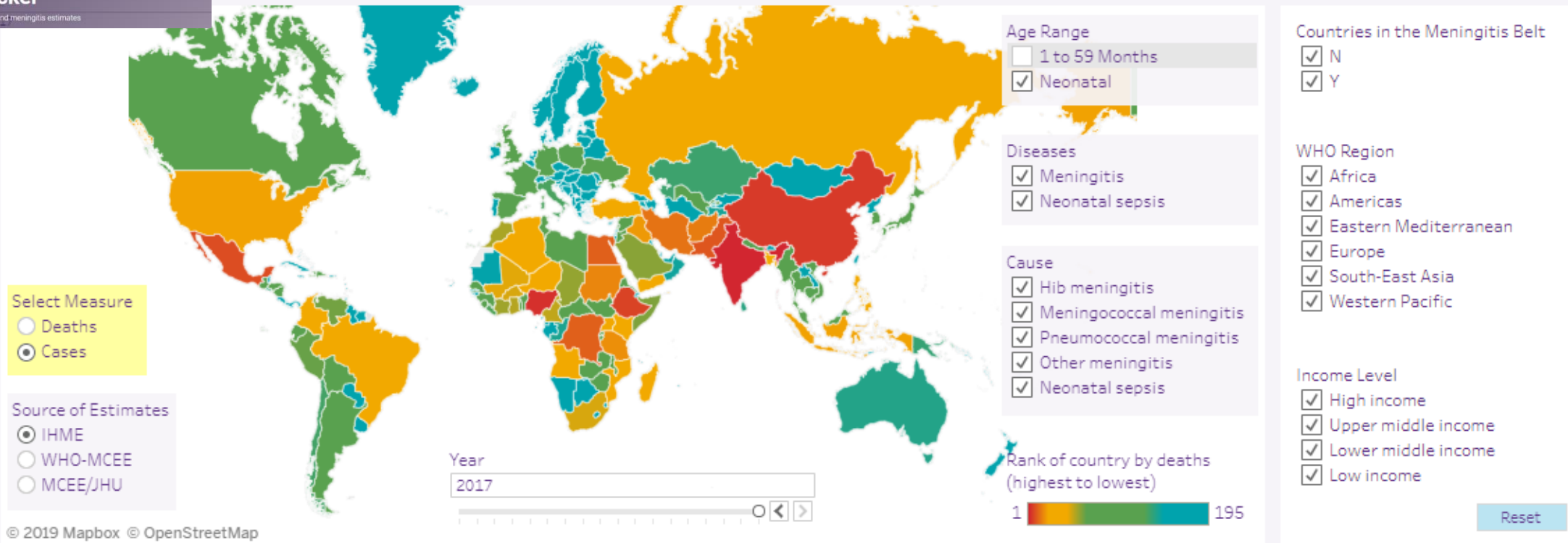


Summary

Estimated total cases of pSBI
6.9 million per year (5.5-8.3)
Overall incidence risk 7.6% (95%CI 6.1-9.2%)
Input data 259 944 neonates, 20 196 pSBI cases



Meningitis and Neonatal Sepsis in Children Under 5



Estimates suggest that meningitis and neonatal sepsis combined are the second largest infectious killers of children aged under five. There has been some success in reducing cases and deaths over time, but progress still lags behind other infectious diseases.

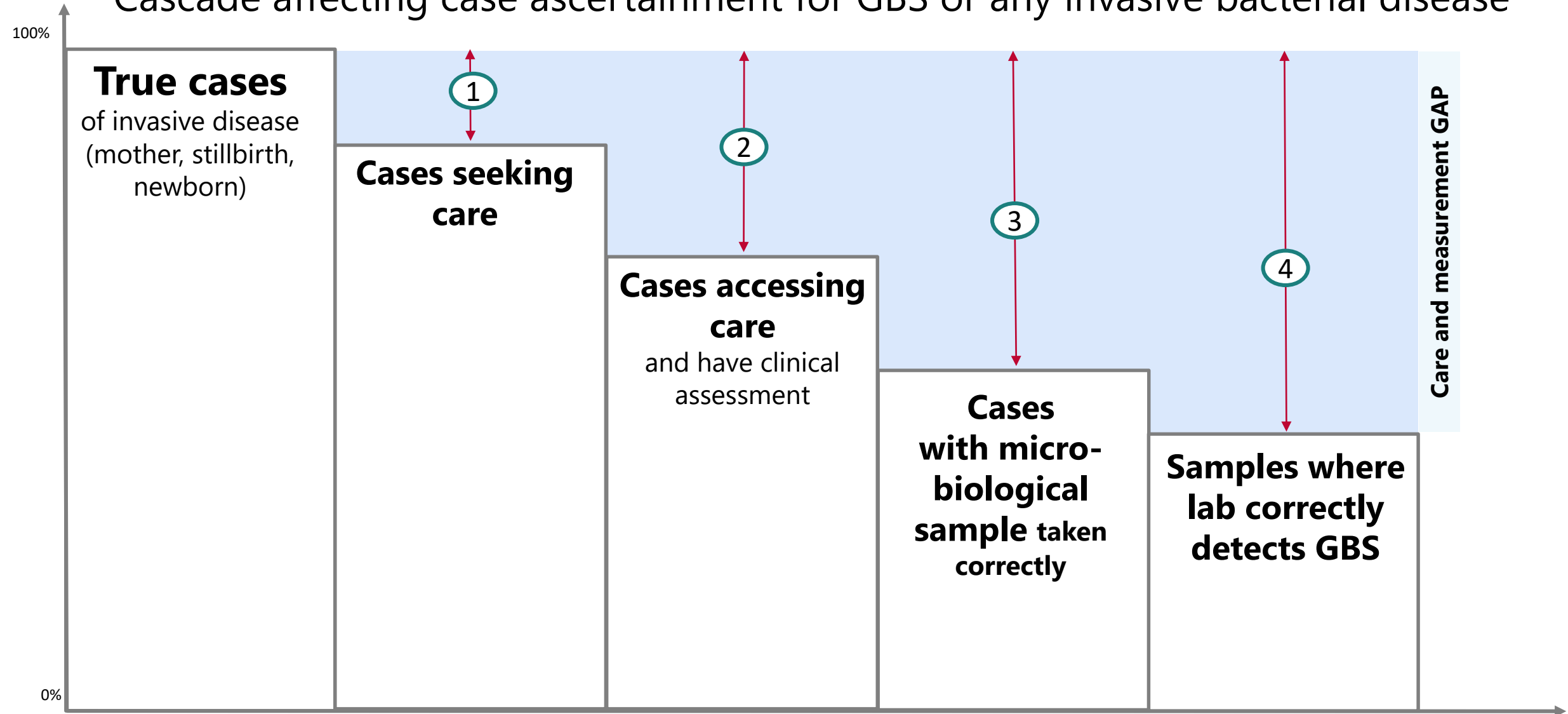
Estimated Total Deaths	210,090	CFR 13% ?	Estimated Total Cases	1,477,260
Neonatal meningitis deaths	19,530		Neonatal meningitis cases	153 240



“All models are wrong but some are useful!!” Lord Box

Data waterfall ...

Cascade affecting case ascertainment for GBS or any invasive bacterial disease

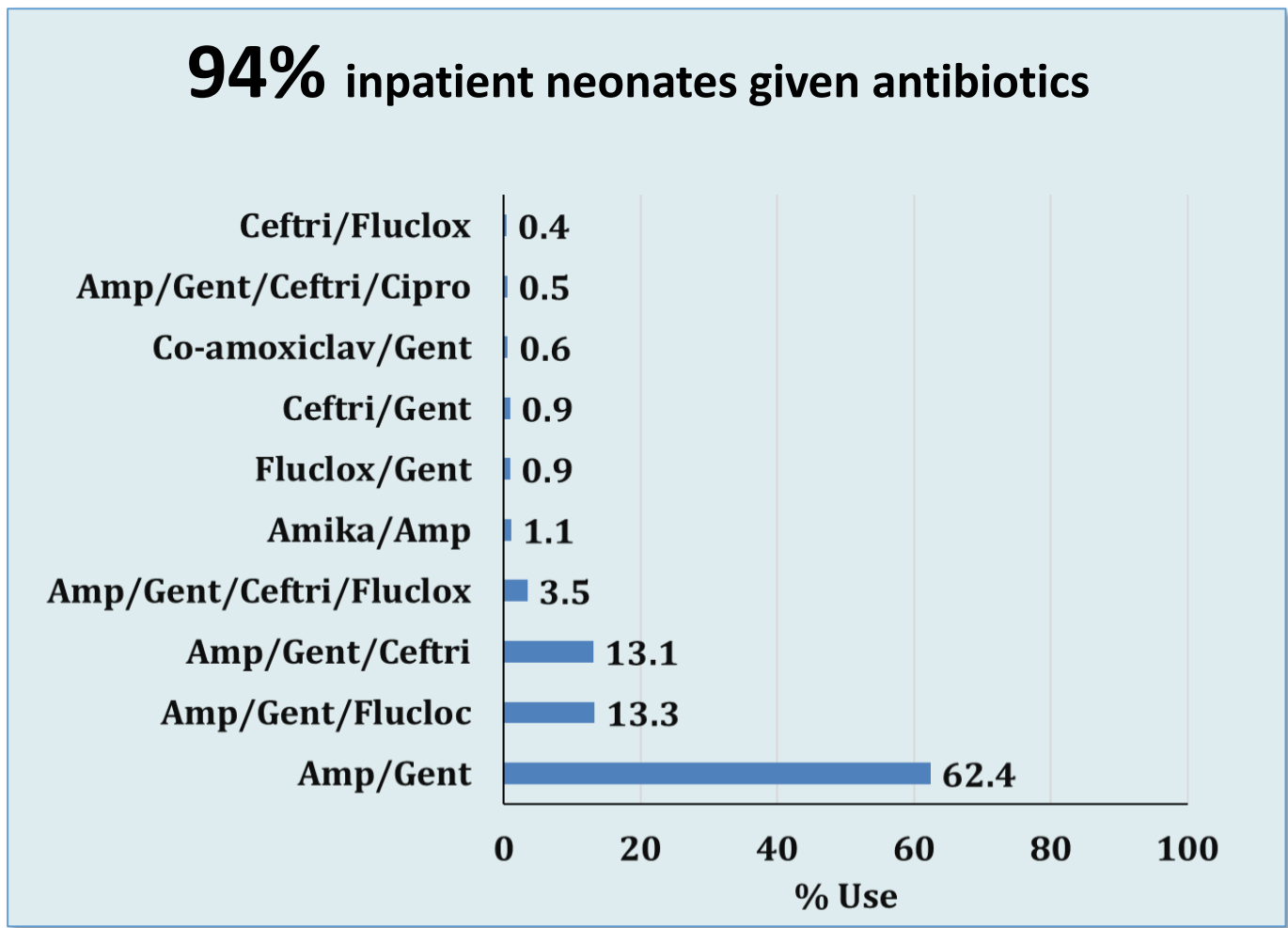
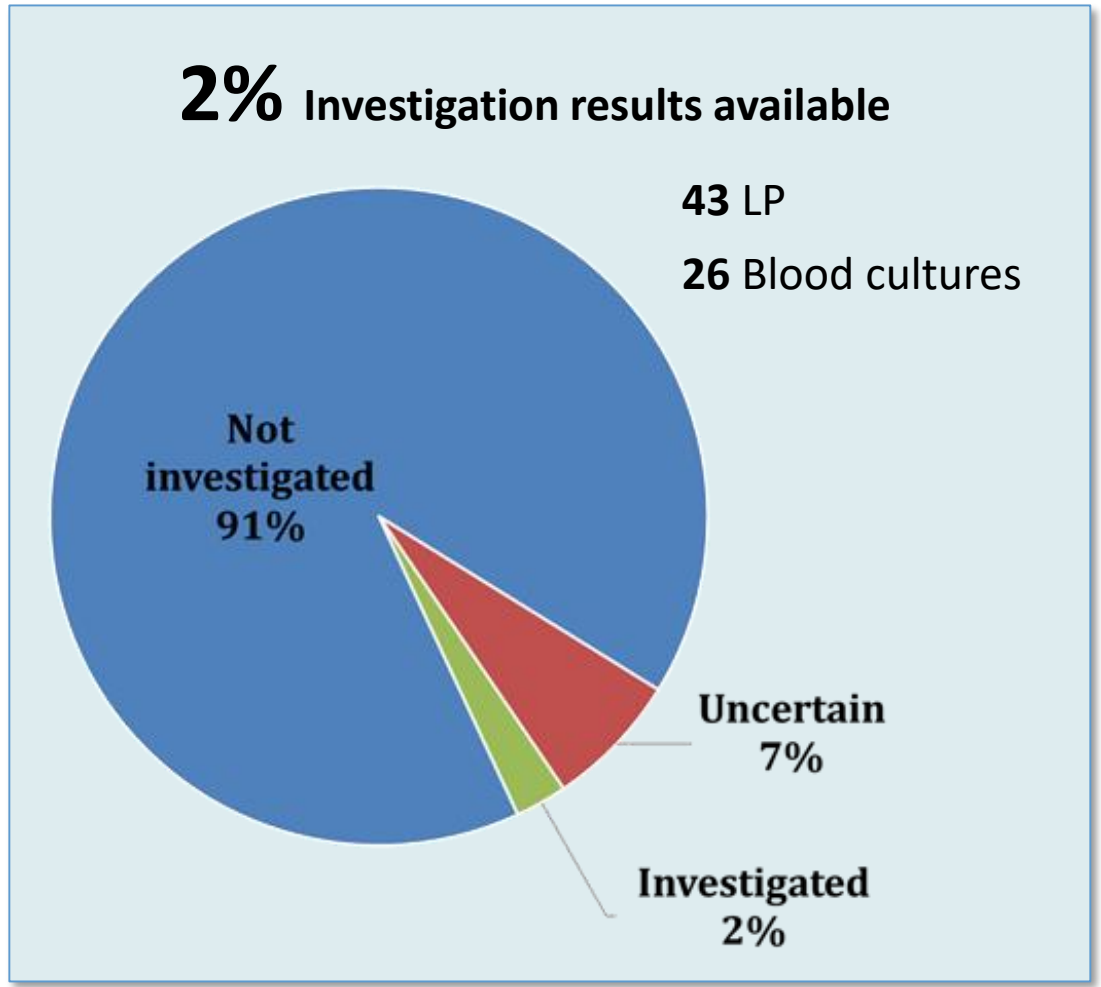


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Cases micro-
biologically
assessed

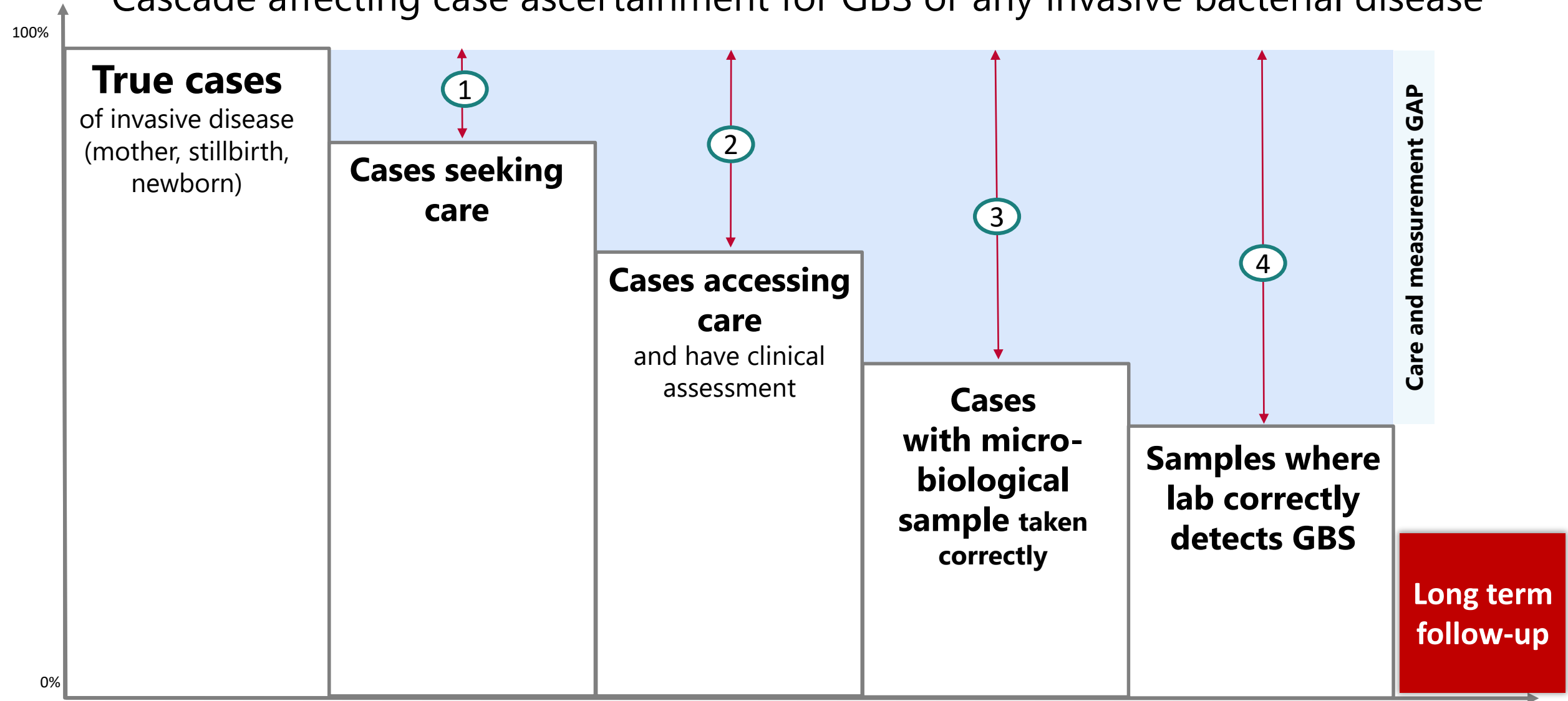
Cases with laboratory investigation

Mismatch of investigation vs antibiotics use in a Gambian Teaching Hospital (N=4999)



Data waterfall ...

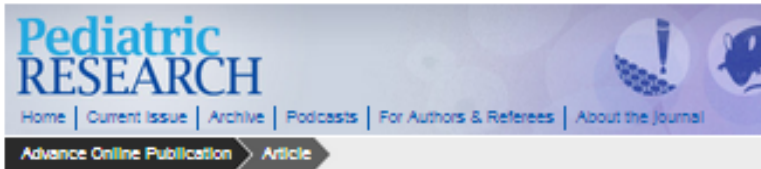
Cascade affecting case ascertainment for GBS or any invasive bacterial disease



Lawn JE, et al Clinical Infectious Diseases. 2017;65(S2):S89-99

Beyond Neonatal Survival

Long term disability after neonatal conditions



PEDIATRIC RESEARCH | EDITORIAL OPEN



Beyond newborn survival: the world you are born into determines your risk of disability-free survival

Joy E. Lawn, Hannah Blencowe, Gary L. Darmstadt & Zulfiqar A. Bhutta

Pediatric Research (2013) | doi:10.1038/pr.2013.202

Advance online publication: 15 November 2013



Every year, 135 million newborns enter the world, each arriving naked and apparently equal. Yet, their chances of surviving and thriving vary dramatically depending on which world these babies are born into—ranging from high-income countries with universal neonatal intensive care to the world of home births without midwives, medical supplies, or health system support (Figure 1).

<http://www.nature.com/pr/journal/>

NATURE PEDIATRIC RESEARCH

5 papers with first global estimates of incidence/prevalence & impairment:

- Preterm birth
- Retinopathy of Prematurity (ROP)
- Intrapartum-related neonatal encephalopathy
- Neonatal infections
- Neonatal jaundice

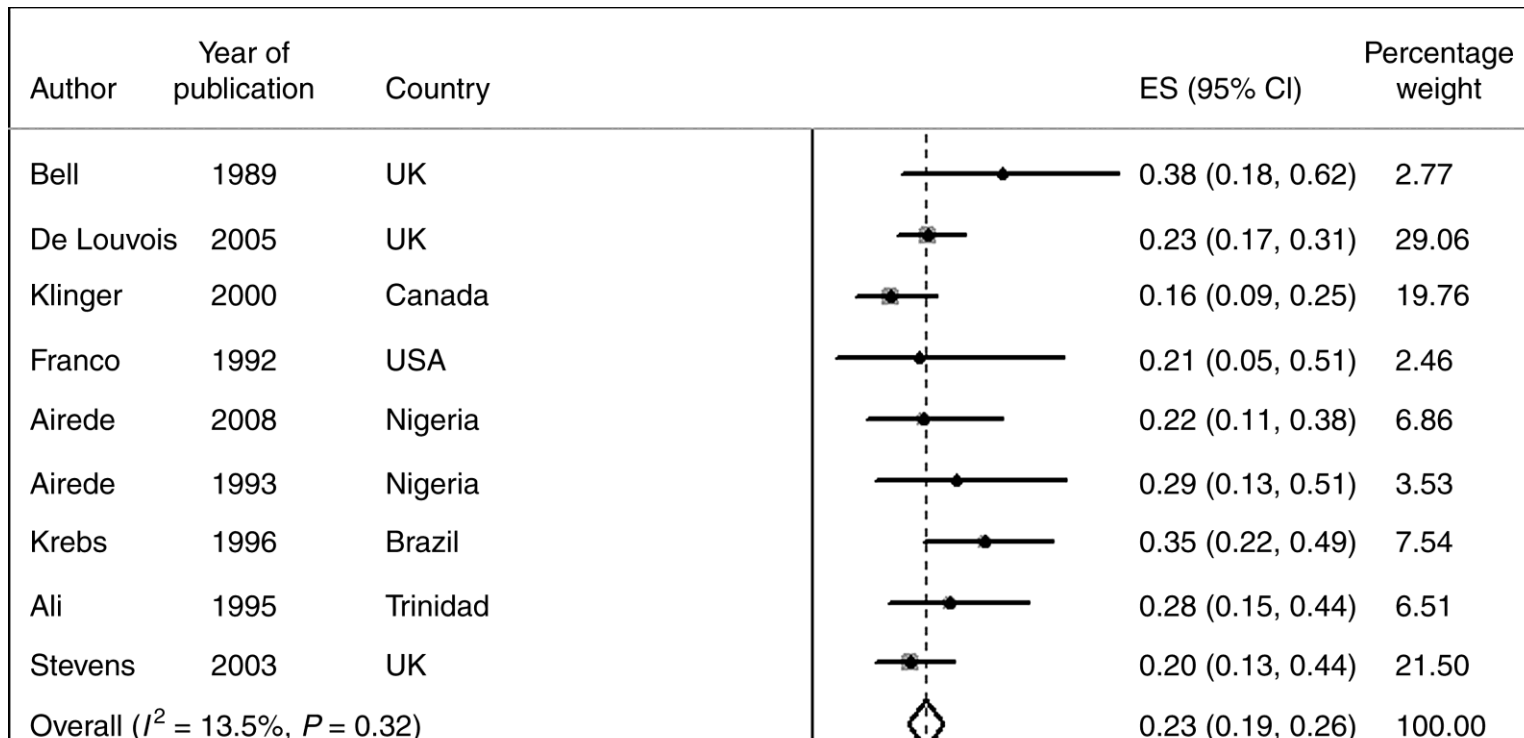
47 authors, 35 institutions led by LSHTM

Input to Global Burden of Disease with IHME

Neonatal conditions accounted for **7.5%** of worldwide DALYs in 2017
Similar burden to all of Cardiovascular DALYS, 3 x HIV/AIDS
Mostly (>95%) attributed to mortality

Survivors of Neonatal Meningitis

Moderate to severe neurodevelopmental impairment (8 studies, N=451)



Mod to severe impairment = 23% (95% CI: 19–26%)

Mild impairment 12% (95% CI: 5–19%)
Hearing impairment 7% (95% CI: 3–12%)



Old, small, studies

**Age of follow up
(aged 2 to 5 yrs)
Less likely to detect
mild impairments**

**Measurement tools..
>100 child development
assessment tools**

Survivors of Neonatal Sepsis

Neurological and developmental outcome of neonatal jaundice and sepsis in rural Kenya

Anne L. Gordon^{1,2}, Michael English^{1,3}, J. Tumaini Dzombo¹, Mary Karisa¹ and Charles R. J. C. Newton^{1,2}

1 Centre for Geographic Medicine Research – Coast, KEMRI/Wellcome Trust Research Laboratories, Kilifi, Kenya

2 Neurosciences Unit, Institute of Child Health, University College London, UK

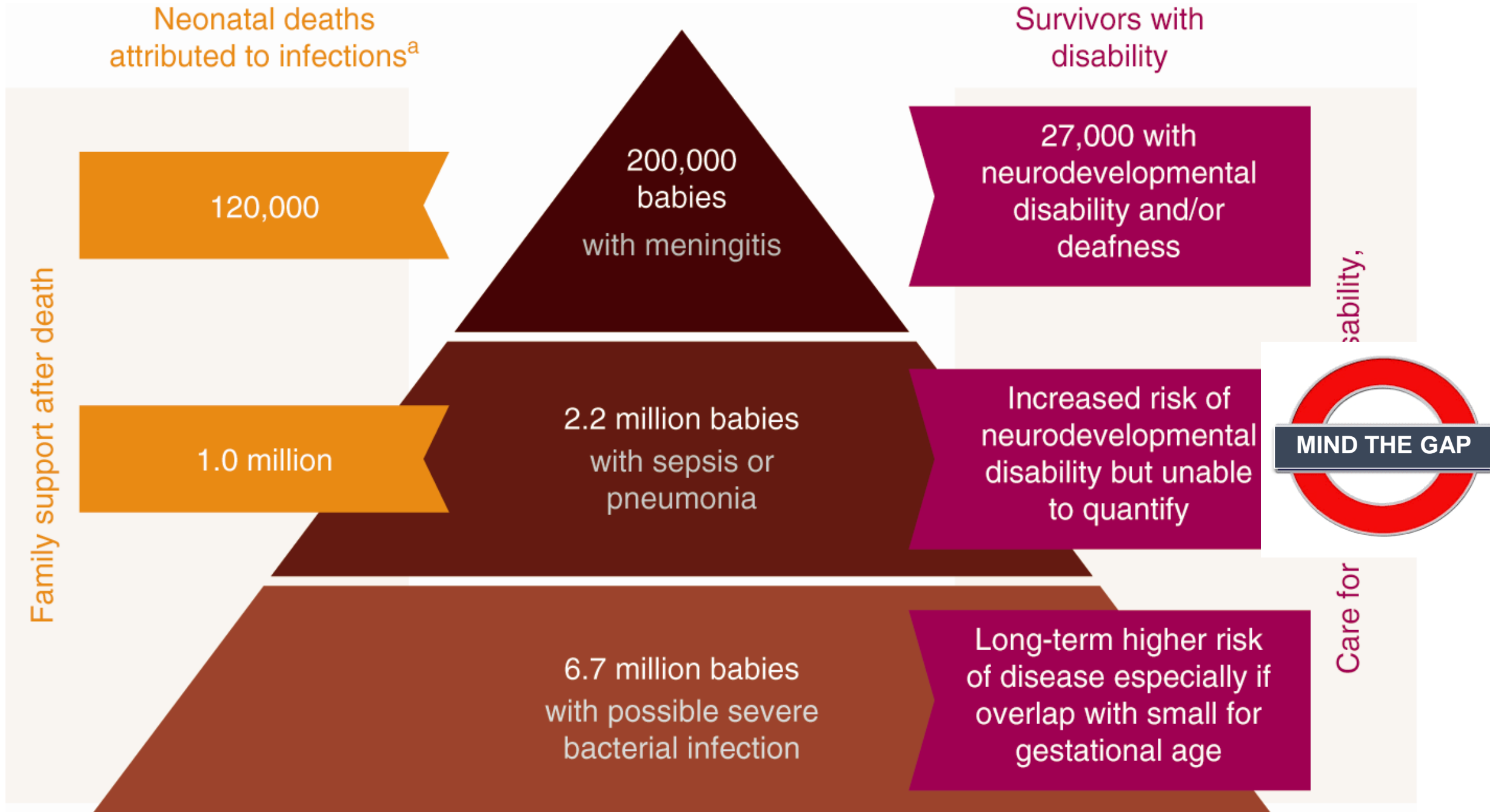
3 Departments of Paediatrics, University of Oxford, John Radcliffe Hospital, Oxford, UK

Domain assessed	NJ (n = 23)	NS (n = 24)	CC (n = 40)	Comparison of NJ and CC groups	Comparison of NS and CC groups
Age (months) median (IQR)	23 (19, 27)	24 (19, 29)	27 (24, 30)	0.040	NS
Anthropometric data					
Weight (kg) mean (SD)	9.6 (2.0)	9.7 (1.6)	10.6 (1.3)	0.016	0.011
Height (cm) mean (SD)	78.4 (5.8)	79.5 (4.8)	81.5 (4.2)	0.011	NS
Head circumference (cm) mean (SD)	46.1 (1.7)	46.4 (2.5)	47.8 (1.4)	<0.001	0.007
Head circumference below second centile§ no. (%)	19 (83)	14 (58)	16 (40)	0.001†	NS
Eye signs no. (%)					
Unable to elicit horizontal optokinetic nystagmus	12 (52)	1 (4)	0 (0)	<0.001†	NS
Smooth pursuit disturbed	11 (48)	2 (8)	1 (3)	<0.001†	NS
Saccades disturbed	11 (48)	2 (8)	3 (8)	0.001†	NS
Neurological signs no. (%)					
Movement Disorder	11 (48)	0 (0)	3 (2)	0.001†	NS
Dystonia	8 (35)	0 (0)	0 (0)	<0.001†	NS
Motor signs no. (%)					
Posture and stability					
Unable to sit unsupported	8 (35)	0 (0)	0 (0)	<0.001†	NS
Unable to stand unsupported	10 (43)	4 (16)	0 (0)	<0.001†	0.008†
Locomotion					
Unable to walk independently	11 (48)	4 (16)	0 (0)	<0.001†	0.008†
Eye-hand and manipulation					
Unable to take lid off jar using two hands	11 (48)	5 (21)	0 (0)	<0.001†	0.009†
Unable to stack two blocks	10 (43)	5 (21)	0 (0)	<0.001†	0.009†
Unable to achieve pincer grasp with preferred hand	9 (38)	2 (9)	0 (0)	<0.001†	NS
Developmental scores median (range)					
Total score	37 (31, 42)	35 (32, 39)	42 (36, 48)	<0.001‡	0.002‡
Motor	11 (9, 13)	11 (10, 12)	12 (10, 14)	NS‡	NS‡
Hearing, speech and language	7 (5, 9)	6 (4, 8)	8 (5, 11)	0.001‡	0.005‡
Eye-hand co-ordination	20 (14, 26)	20 (14, 26)	23 (19, 27)	0.043‡	0.016‡

One study of follow up after neonatal sepsis (average 2 yrs old)

Kilifi, Kenya – only 24 cases, ~17% "cerebral palsy"





Clinical Infectious Diseases

**The Burden of Group B
Streptococcus Worldwide for
Pregnant Women, Stillbirths,
and Children**



A Supplement to *Clinical Infectious Diseases*

Group B Streptococcus

supported by a grant to the London School of Hygiene & Tropical Medicine from the Bill & Melinda Gates Foundation.

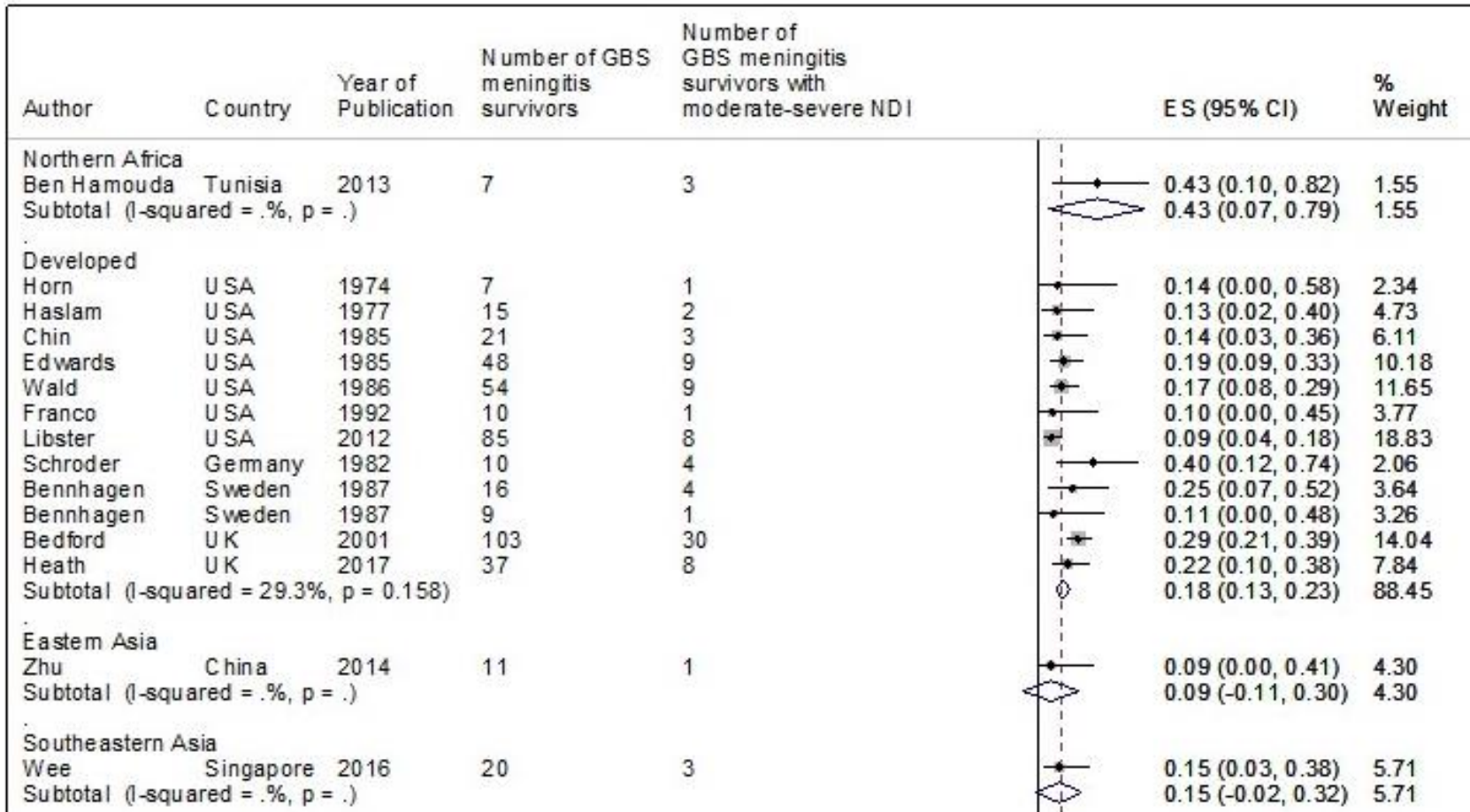
Editors: Joy E Lawn, Anna C Seale.

Lead authors: Joy E Lawn, Neal Russell, Jennifer Hall, Anna C Seale, Fiorella Bianchi-Jassir, Kirsty Le Doare, Lola Madrid, Maya Kohli-Lynch, and Cally J Tann.

Expert Advisory Group: Ajoke Sobanjo-ter Meulen, Carol Baker, Linda Bartlett, Claire Cutland, Michael Gravett, Paul Heath, Margaret Ip, Shabir A Madhi, Craig Rubens, Samir Saha, Stephanie Schrag and Johan Vekemans.

Survivors of Group B Strep Meningitis

Mod to severe neurodevelopmental impairment (15 studies, N=453, to age of 18 months)



MIND THE GAP

13/15 studies more than 10 yrs ago

**Age of follow up (aged 18 months)
Less likely to detect mild impairments**

**Measurement tools..
>100 child development assessment tools**

Mod to severe impairment = 18% (95% CI: 13-22%)

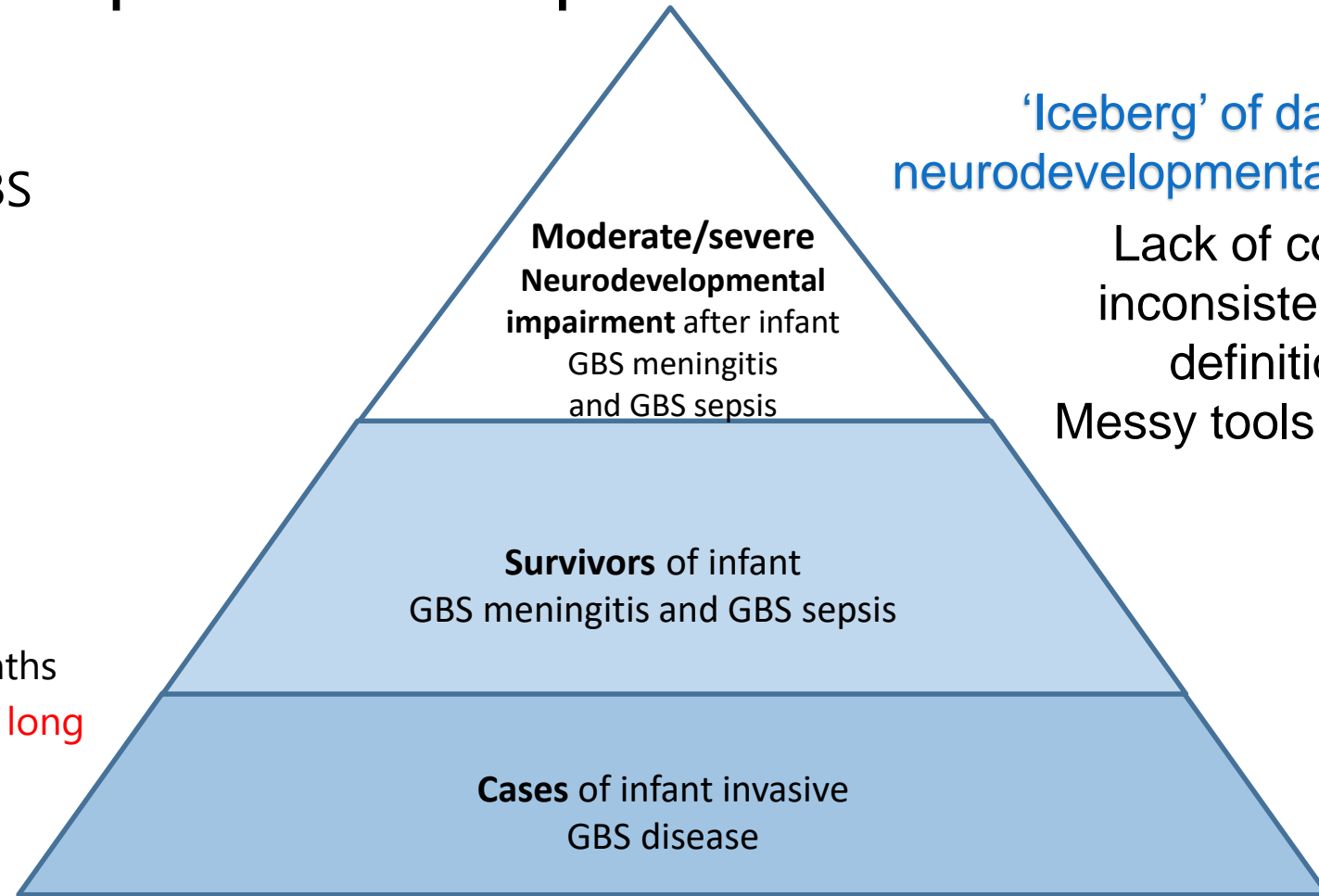
Step 4. Neurodevelopmental impairment after GBS

- 229,000 survivors of infant GBS disease with

- Sepsis: 171,000
- Meningitis: 58,000

- Risk of neurodevelopmental impairment after

- GBS Meningitis: 18% moderate/severe NDI at 18 months
- **GBS Sepsis: not able to quantify long term outcomes**
- **Mild neurodevelopmental impairment not quantified**



Kohli-Lynch, et al Clinical Infectious Diseases. 2017;65(S2):S190-99

Min est of 10,000 infants (3000-27,000) per year moderate-severe neurodevelopment impairment after GBS meningitis, and unknown after GBS sepsis

Finagel's laws of information

1. The information you have is not what you want
2. The information you want is not what you need
3. The information you need is not what you can obtain
4. The information you can obtain costs more than you want to pay

Laws to improve health information

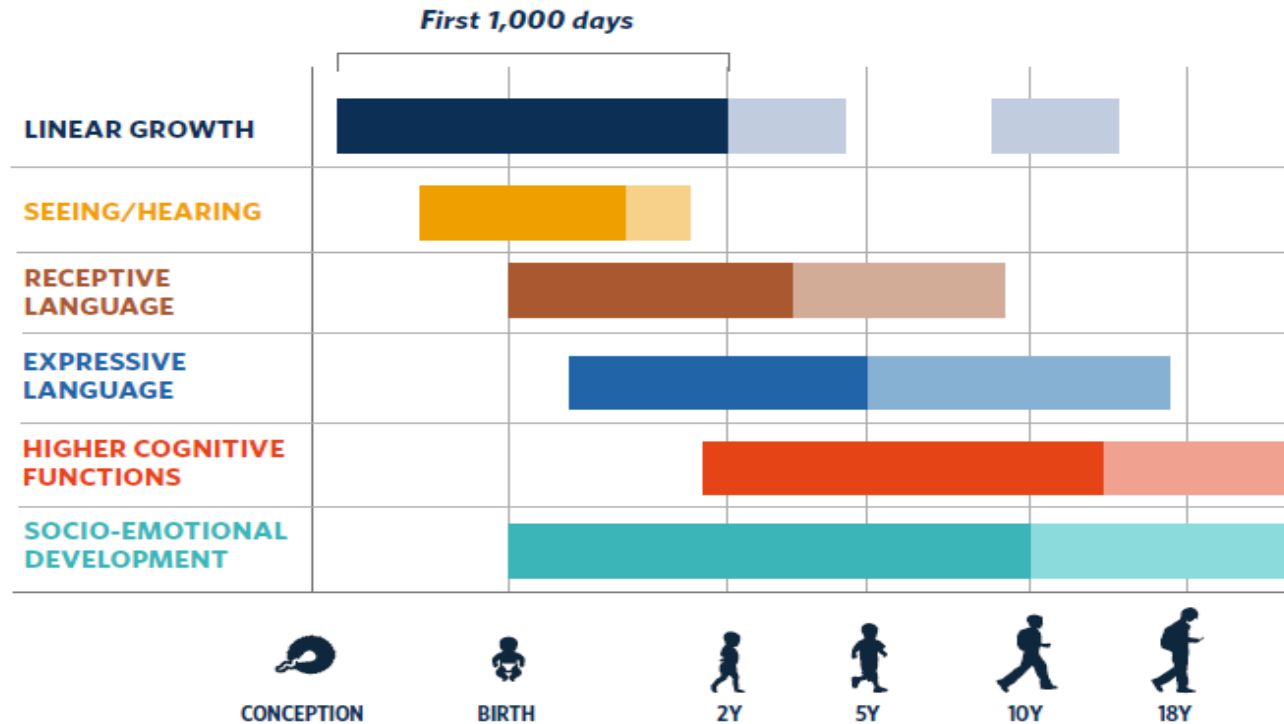
1. The information we NEED
2. The information we have that we can USE now!
3. The information that we must OBTAIN!
4. The information system that would cost less if we INTEGRATED more!

*Pessimistic
20th century
Scottish man*

*Actionable
21st century
Measurement
improvement*

Multi-domain measurement = messy!

FIGURE 2.3 A Timeline for Human Brain Development



Bars depict periods important for the development of each domain. Darker shading denotes critical periods of development.

Source: Adapted from Grantham-McGregor et al. 2007 and Thompson and Nelson 2001.

Global child health: Design and implementation for early child development programmes P3



OPEN ACCESS

Rating early child development outcome measurement tools for routine health programme use

Dorothy Boggs,^{1,2} Kate M Milner,^{1,3} Jaya Chandna,⁴ Maureen Black,^{5,6} Vanessa Cavallera,⁷ Tarun Dua,⁷ Guenther Fink,⁸ Ashish KC,⁹ Sally Grantham-McGregor,¹⁰ Jena Hamadani,¹¹ Rob Hughes,^{12,13} Karim Manji,¹⁴ Dana Charles McCoy,¹⁵ Cally Tann,^{1,16} Joy E Lawn¹

- Measuring neurodevelopment is multi-domain. Must include hearing and vision.
- Over 100 tools (mostly measure 6months-3years) but few meet accuracy and feasibility criteria
- Major challenges: cost, training requirements and adaptability
- Need for a simple, adaptable measurement that can be used across multiple LMICs

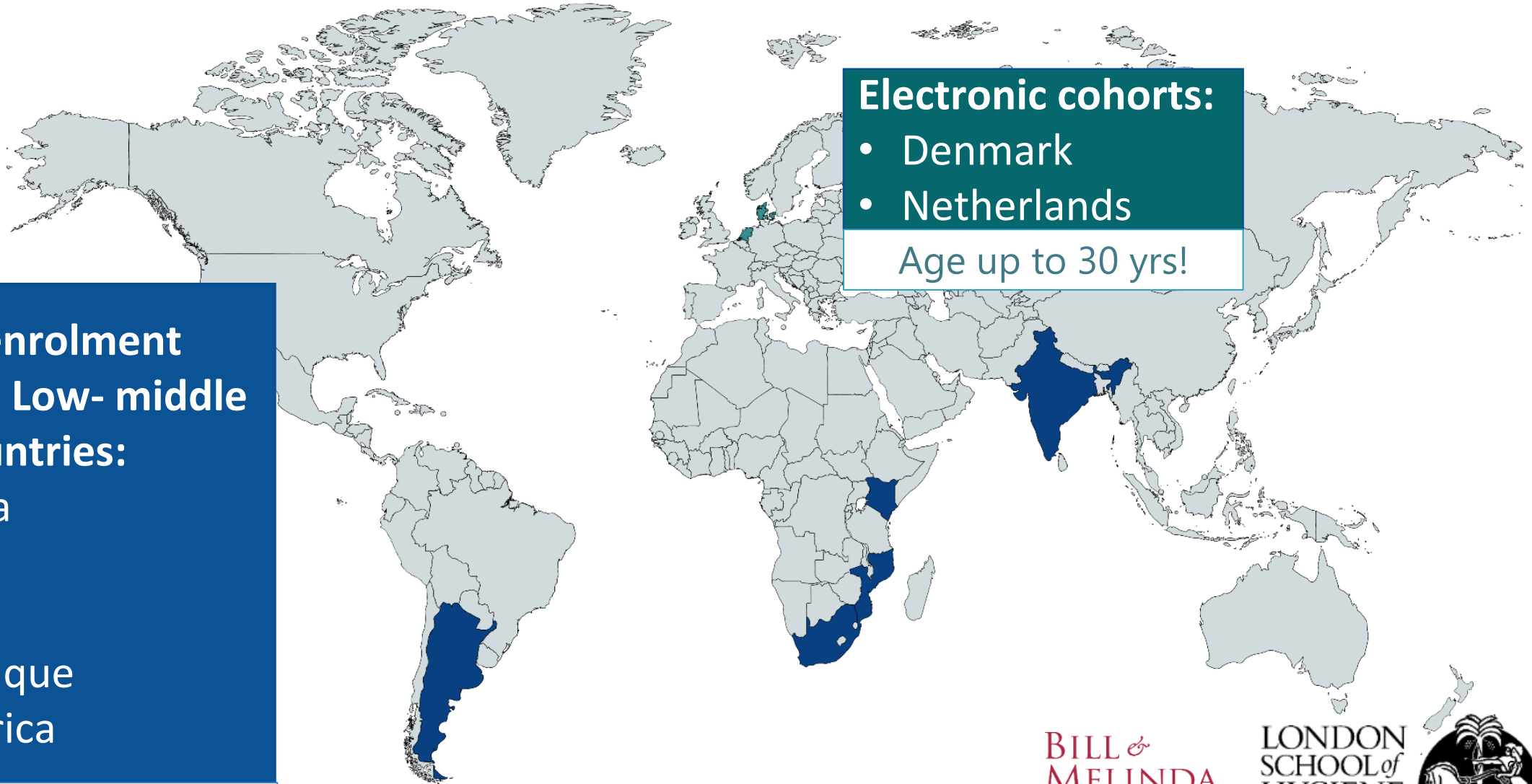
Fernald LCH, Prado E, Kariger P, Raikes A, SIEF World Bank 2017

Boggs, Dorothy, et al. "Rating early child development outcome measurement tools for routine health programme use." *Archives of disease in childhood* 104.Suppl 1 (2019): S22-S33

WHO working on a new score (GSED) short and long form

Survivors of Group B Strep Meningitis and Sepsis

New data collection in progress



Cohort re-enrolment studies in 5 Low- middle income countries:

- Argentina
- India
- Kenya
- Mozambique
- South Africa

Age ~3-15!

Electronic cohorts:

- Denmark
- Netherlands

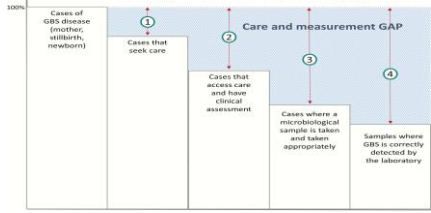
Age up to 30 yrs!

BILL &
MELINDA
GATES
foundation

LONDON
SCHOOL of
HYGIENE
& TROPICAL
MEDICINE

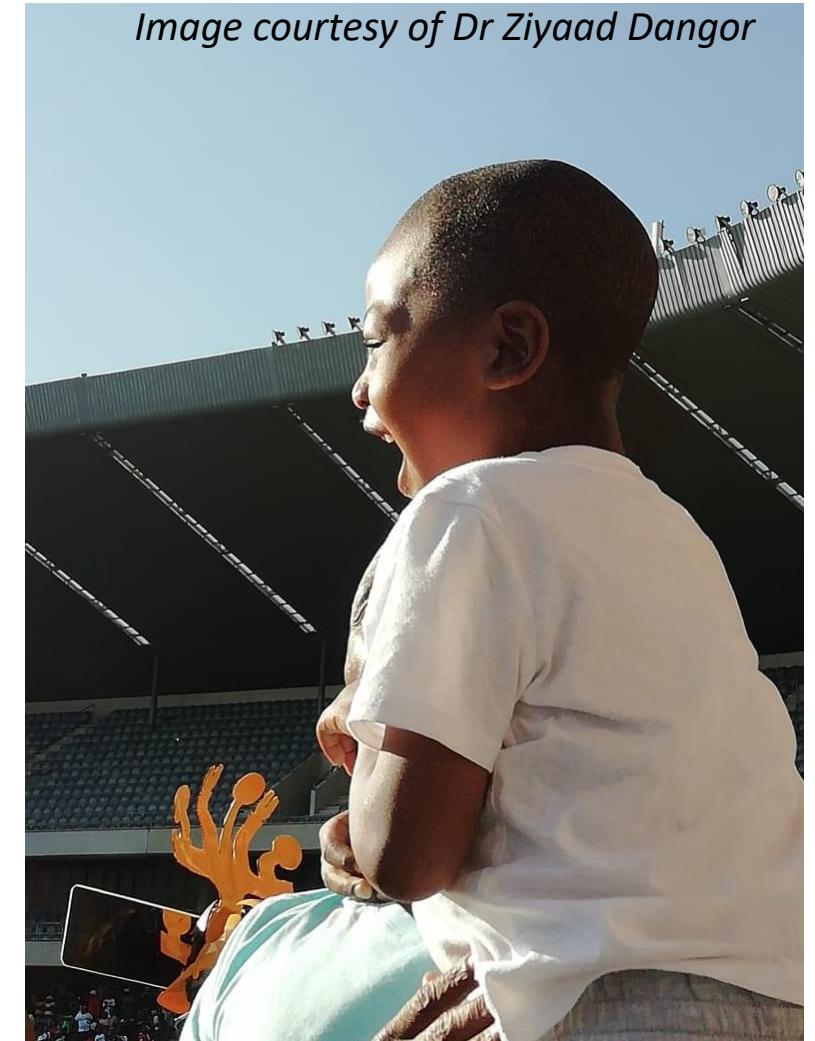


Closing data gaps



1. Careseeking and UHC (\pm active surveillance)
 2. Clinical care improved quality
 3. Lab investigations, LP to become the norm
 4. Lab capacity strengthening (esp for GBS)
Innovation – diagnostics, new interventions
- Follow up systems for at-risk newborns and COHORT studies to 5 years and beyond
 - Improved measures/tools to detect multi-domain impairment, feasible in routine programmes

Closing care gap



Bad data will always be with us – but we need to smell it, improve it & use it!



Children, adults
families affected need
care, support and
voice, not just a
statistic

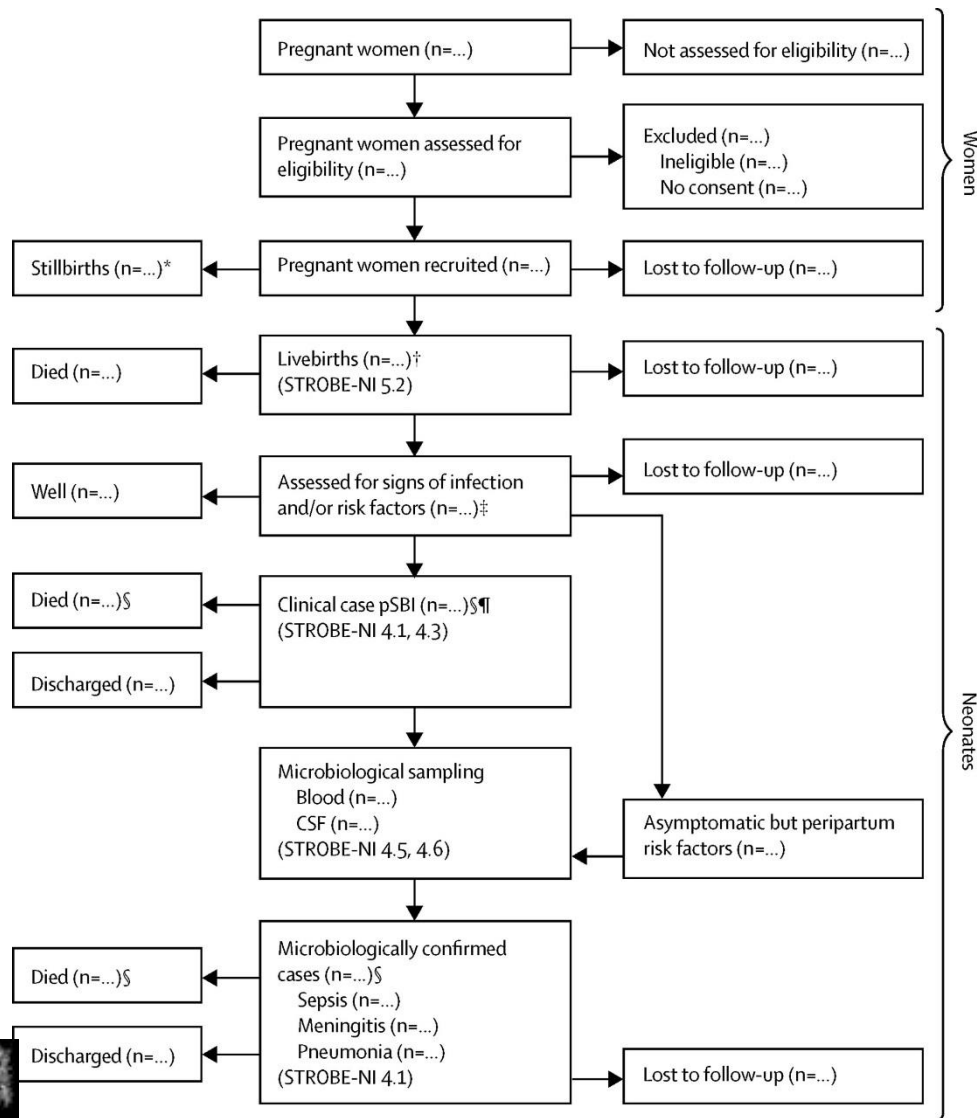
ADVANCE NOTICE
Group B Strep Global Conference
ISSAD 2021 in London

@joylawn

Image courtesy of Dr Cally Tann and Karen Martin

Challenge 1 – exposure and definitions

STROBE – Neonatal Infections



Review

Strengthening the Reporting of Observational Studies in Epidemiology for Newborn Infection (STROBE-NI): an extension of the STROBE statement for neonatal infection research



Elizabeth J A Fitchett, Anna C Seale, Stefania Vergnano, Michael Sharland, Paul T Heath, Samir K Saha, Ramesh Agarwal, Adejumo I Ayede, Zulfiqar A Bhutta, Robert Black, Kalifa Bojang, Harry Campbell, Simon Cousens, Gary L Darmstadt, Shabir A Madhi, Ajoke Sobanjo-ter Meulen, Neena Modi, Janna Patterson, Shamim Qazi, Stephanie J Schrag, Barbara J Stoll, Stephen N Wall, Robinson D Wammanda, Joy E Lawn, on behalf of the SPRING (Strengthening Publications Reporting Infection in Newborns Globally) Group*

SPRING

Guidance

