

Not every baby gets all these symptoms and they can appear in any order.

Meningitis Baby Watch

Is your baby getting worse fast? Babies can get ill very quickly, so check often.

Tense or bulging soft spot

High temperature

In babies under 3 months it can be normal or low

Very sleepy/staring expression/too sleepy to wake up

Irritable when picked up, with a high-pitched, moaning or odd cry

Extreme shivering

'Pin prick' rash/marks or purple bruises anywhere on the body

Sometimes diarrhoea

Cold hands and feet

Unusual grunting sounds

Vomiting/refusing to feed

Breathing fast/difficulty breathing

Blotchy skin, getting paler or turning blue

A stiff body with jerky movements, or else floppy and lifeless

Pain/irritability from muscle aches or severe limb/joint pain

For information and support call our free helpline.

UK **080 8800 3344** | Ireland **1800 41 33 44**

helpline@meningitis.org

www.meningitis.org

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Registered Office: Newminster House, Baldwin Street, Bristol BS1 1LT 12/2017

